

AGENDA

TUESDAY, OCTOBER 2

10 a.m.-8:00 p.m. **Registration**

12:00-4:00 p.m. **Optional pre-conference workshops**

- “Native Infusion: Reclaiming Ancestral Beverages”
Isanti Room 3
Valerie Segrest, BSN, MA (Muckleshoot), Executive Director, FEED Seven Generations, Enumclaw, WA
- “Dream of Wild Health – Youth Garden Tour”
Off-Site
Ernie Whiteman, (Northern Arapaho) Cultural Director, and Heather Drake, Farm Manager, Dream of Wild Health, Hugo, MN
- “Preparing Healthy Traditional Food with the Sioux Chef”
Off-Site
Chef Sean Sherman (Oglala Lakota), Founder, The Sioux Chef, Minneapolis, MN
- “Foraging for Native Edible Plants”
Off-Site
Hope Flanagan (Seneca), Wild Foods Educator, Dream of Wild Health, Minneapolis, MN
- “Indigenous Wellness: Ancestral Food-Ways, Indigenizing Fitness & Movement, and the Interconnectedness of Wellness, Culture, and Indigenous Language”
Isanti Room 1
Anthony Thosh Collins (O’odham/Haudenosaunee/Osage), Wellness Trainer, Well for Culture, Phoenix, AZ

5:00 p.m. **The (R)Evolution of Indigenous Food Systems of North America**

Waconia Ballroom

- Chef Sean Sherman (Oglala Lakota), Founder, The Sioux Chef

6:00-8:00 p.m. **Welcome gathering (appetizers and cash bar)**

Waconia Ballroom

- Sean Sherman signing of his James Beard award winning cookbook “The Sioux Chef’s Indigenous Kitchen”

Submit questions and feedback for speakers via Pigeonhole Live: <https://pigeonhole.at/NUTRITION2018>

AGENDA

WEDNESDAY, OCTOBER 3

7:00 a.m.-3:00 p.m. **Registration**

7:00 a.m.

BREAKFAST

Minnetonka Ballroom

**Optional focus group for those working in tribal community programs and/or traditional foods programs (see details on page 58): pick up breakfast first (pre-registration not required)*

8:00 a.m.

OPENING CEREMONY

All plenary sessions will be held in the Minnetonka Ballroom

- Drum group: *Iron Boy, Prior Lake, MN*
- Honor Guard: *Sisseton-Wahpeton Kit Fox Society, South Dakota*
- Prayer: *Leonard Wabasha (Lower Sioux Community), Shakopee Mdewakanton Sioux Community Cultural Director*
 - Conference Emcees: *Abigail Echo-Hawk (Pawnee/Athbascan), Director, Urban Indian Health Institute, Seattle, WA; and Linda Frizzell, PhD (Eastern Cherokee and Lakota), University of Minnesota School of Public Health, Minneapolis, MN*
 - *Jesse Chase, Chair, Seeds of Native Health, Shakopee Mdewakanton Sioux Community*
 - *Brian Buhr, PhD, Dean, College of Food, Agricultural and Natural Resource Sciences, University of Minnesota, Saint Paul, MN*
 - *Nikki Farago (Seneca), Assistant Commissioner of Children and Family Services, Minnesota Department of Human Services, St. Paul, MN*

8:30 a.m.

Community Poll: <https://pigeonhole.at/NUTRITION2018>

- *Mindy S. Kurzer, PhD, Conference Chair, Professor, and Director, Healthy Foods, Healthy Lives Institute, University of Minnesota, St. Paul, MN*

SESSION 1: NUTRITION ACROSS THE LIFECYCLE

8:40 a.m.

Reclaiming the Tradition of Breastfeeding: The Foundation of a Nation

- *Camie Jae Goldhammer, MSW, LICSW, IBCLC (Sisseton-Wahpeton), Clinical Social Worker and Lactation Consultant, Seattle, WA*

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AGENDA

- 9:25 a.m. **It Takes a Village: Effective Approaches to Child Nutrition in Indian Country**
- Kelli Begay, MS MBA RDN (Kickapoo/Seminole/Mvskoke Creek), Nutrition Consultant, Division of Diabetes Treatment and Prevention, Indian Health Service, Rockville, MD
- 10:10 a.m. **BREAK**
- 10:30 a.m. **Improving Health of Native American Elders Through Increasing Traditional Food Consumption**
- Petra Harmon One Hawk, MPH (Standing Rock Dakota and Lakota), Title VI Director and Director of the Nutrition For the Elderly/Caregiver Support Program, Standing Rock Sioux Tribe, Fort Yates, ND
- 11:15 a.m. **Elder Response**
- Beverly Stabber Warne, RN, MSN (Oglala Lakota), South Dakota State University College of Nursing, Brookings, SD
- 11:45 a.m. **LUNCH**
Minnetonka Ballroom
- Comments by Steven Bond-Hikatubbi (Chickasaw Nation), Intertribal Agriculture Council, Ada, OK
- *Optional Robert Wood Johnson Foundation focus group – advance sign-up required. See details on page 58.*
Anoka Room 1

SESSION 2: INTERGENERATIONAL LEARNING ABOUT FOOD AND NUTRITION

- 1:00 p.m. **Nurturing For the Future – A Hopi Perspective**
All plenary sessions will be held in the Minnetonka Ballroom
- Evangeline Nuvayestewa (Hopi/Tewa), retired teacher; Leon A. Nuvayestewa Sr. (Hopi), retired Health Director/Administrator for the Hopi Tribe; Valerie Nuvayestewa (Hopi/Tewa), Diabetes Prevention Educator, DHHS, the Hopi Tribe; and Erin Eustace (Hopi/Tewa/Zuni), age 20, Polacca, AZ

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AGENDA

2:00 p.m.

Dream of Wild Health Intergenerational Food Sovereignty Program

- Ernie Whiteman (Northern Arapahoe), Cultural Director, Dream of Wild Health, Hugo, MN; Missy Whiteman (Northern Arapahoe/Kickapoo), Independent Filmmaker; and Louis Whiteman (Northern Arapahoe), age 14, Pierce, MN

3:00 p.m.

Youth Panel

- Moderators: Electa Hare-RedCorn, LCSW (Pawnee/Yankton), Healthy Policy Research Scholar, University of Arkansas, Fayetteville, AR; and Cindy Farlee (Cheyenne River Lakota), Native Youth Food Sovereignty Alliance, Lawrence, KS
- Emily Baldy (Yurok and Hupa), age 16, Hoopa CA
- Mariah Gladstone (Cherokee and Blackfeet), age 24, Kalispell, MT
- Autumn OnlyAChief (Pawnee), age 24, Los Angeles, CA
- Taj Sunio (Native Hawaiian), age 18, Lanai City, HI
- Kile White (Navajo), age 16, Albuquerque, NM

3:45 p.m.

BREAK

4:15 p.m.

BREAKOUT GROUPS I (See full descriptions on pages 38-43)

**presenter*

American Indian Perspectives on Healing from Historical Trauma: An Indigenous Inquiry (Note: this breakout session will only be given during Breakout Group I)

Waconia Room 6

Renee Beaulieu-Banks (Leech Lake Nation)*, Kim Sundeen*, and Kyra Christopherson*, St. Catherine University, St. Paul, MN

Leveraging Programs to Support Maternal and Child Health and Food Security

Waconia Room 3

Kelli Begay, MS MBA RDN (Kickapoo/Seminole/Mvskoke Creek)*, Division of Diabetes Treatment and Prevention, Indian Health Service, Rockville, MD; and Patty Keane, MS, RDN*, University of New Mexico, Albuquerque, NM

Lessons from the Traditional Western Apache Diet Project

Isanti Room 3

Twila Cassadore (San Carlos Apache)* and Seth Pilsk*, San Carlos Apache Tribe, San Carlos, AZ; and Letitia McCune, PhD, BotanyDoc Consultant, Tucson, AZ

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AGENDA

Alaska Traditional Foods Movement

Anoka Room 3

Melissa A Chlupach, MS, RD, LD*, Assistant Professor, University of Alaska, Anchorage, AK; and Amy Foote, CDM, CHESP, Alaska Native Tribal Health Consortium Area Executive Chef, Alaska Native Medical Center, Anchorage, AK

The “Food Wisdom” Repository: Information Resources for Native Nutritional Health

Waconia Room 5

Michelle Johnson-Jennings, PhD (Choctaw Nation) and Derek Jennings, PhD (Anishinaabe, Quapaw), University of Saskatchewan, Saskatoon, SK; Julie Davis, PhD*, Dixie Dorman, MEd (Anishinaabe)*, Meg Little, EdD, RN*; and Koushik Paul, BA*, University of Minnesota, Saint Paul and Duluth, MN

Growing the Puna - Insights to Building an Indigenous Māori Nutrition and Physical Activity Workforce

Isanti Room 2

Erina Korohina (Ngāti Porou)*, Toi Tangata, Aotearoa, New Zealand; and Hannah Rapata (Ngāi Tahu)*, University of Auckland, Aotearoa, New Zealand

RETURN: Native American Women Reclaim Foodways for Health & Spirit - A Short Documentary Film

Waconia Room 2

Mary Paganelli*, Lead Associate Producer and Editorial Director of Native Foodways Magazine, Tucson, AZ; and Valerie Segrest (Muckleshoot)*, Nutrition Educator and Author, Auburn, WA

Agro Ecological Production in La Esperanza Parish, Pedro Moncayo County, Ecuador: An Alternative to Feed Our Communities

Anoka Room 2

Jose Suarez, MD, PhD* and Dolores Lopez, BA, MSc, PhD*, Fundación Cimas del Ecuador, Quito, Ecuador; Fernando Sarango, JD (Quechua)* and Cecilia Moreta (Quechua)*, Indigenous Pluriversity Amautay Wasy, Quito, Ecuador; and Hilario Morocho, MA (Quechua)*, Community Agroecologist Trainer, Quito, Ecuador

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AGENDA

Nutrition Across the Lifecycle, an Applied Model of Nutrition Education at Taos Pueblo
Waconia Room 4

Paula Szloboda, RN, MA, MBA, BC-NC*, Therapeutic Chef and Nutritionist, Division of Health and Community Services at Taos Pueblo, Taos, NM

Achieving Tribal Food Sovereignty – the Critical Role of the Special Diabetes Program for Indians

Waconia Room 1

Amber Torres (Walker River Paiute Tribe)*, Walker River Paiute Tribe, Schurz, NV; Stacy A. Bohlen (Sault Ste. Marie Tribe of Chippewa Indians)*, Shervin Aazami*, and Bobby Ahern (Confederated Tribes of Warm Springs)*, National Indian Health Board, Washington, DC

FDPIR: Changes that Have Paved the Way for More Nutritious “Commodity” Foods

Anoka Room 1

Akua White, MS, RDN*, Nutritionist, USDA, FNS, Food Distribution Division, Alexandria, VA; Florence Calabaza (Santo Domingo Pueblo)*, Food Distribution Director, Five Sandoval Food Distribution Program, Inc., Bernalillo, NM; and Carmen Robertson, BS*, Nutritionist, Choctaw Nation of Oklahoma Food Distribution Program, Durant, OK

Community Champions for Safe, Sustainable, Traditional Food Systems

Isanti Room 1

Kathleen Yung*, First Nations Health Authority, Vancouver, BC; and Casey Neathway*, First Nations Health Authority, Kamloops, BC

5:15 p.m.

NETWORKING/BREAK

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AGENDA

6:15 p.m.

DINNER

Minnetonka Ballroom

- Prayer: Janice Bad Moccasin (Shakopee Mdewakanton Sioux Community)
- Comments by Steven Bond-Hikatubbi (Chickasaw Nation), Intertribal Agriculture Council, Ada, OK

Keynote: "Recovering Our Ancestors' Food"

- Introduction by Harriet Kuhnlein, PhD, Professor Emerita, McGill University, Montréal, Canada
- Mirna Cunningham (Miskita), MD, Chairperson of the Center for Autonomy and Development of Indigenous People (CADPI) and Vice President of the board of the Latin American and Caribbean Indigenous People Development Fund, and former chair of the UN Permanent Forum of Indigenous Issues, Nicaragua

THURSDAY, OCTOBER 4

7:00 a.m.-3:00 p.m. **Registration**

7:00 a.m.

BREAKFAST

Minnetonka Ballroom

**Optional focus group for those working in tribal community programs and/or traditional foods programs (see details on page 58): pick up breakfast first (pre-registration not required)*

SESSION 3: FOOD SYSTEMS, FOOD SOVEREIGNTY AND NUTRITION

8:00 a.m.

Food Diversity and Indigenous Food Systems to Combat Diet-Linked Chronic Diseases

All plenary sessions will be held in the Minnetonka Ballroom

- Kalidas Shetty, PhD, Associate Vice President for International Partnerships and Collaborations and Professor of Plant Sciences, North Dakota State University, Fargo, ND

8:45 a.m.

New Hope for Old Crops: The Pawnee Seed Preservation Project

- Debra D. Echo-Hawk (Pawnee Nation of Oklahoma), Pawnee Keeper of the Seeds and Title VI Coordinator, Pawnee, OK

9:30 a.m.

BREAK

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AGENDA

- 10:00 a.m. **But What Did They Really Eat? Food Yields from The Three Sisters**
- Jane Mt. Pleasant, PhD (Tuscarora), Associate Professor, Department of Horticulture, Cornell University, Ithaca, NY
- 10:45 a.m. **Promoting Health Through Food Systems and Food Sovereignty Initiatives**
- Valarie Blue Bird Jernigan, DrPH, MPH (Choctaw Nation of Oklahoma), Associate Professor, Health Promotion Sciences, Sam K. Viersen Family Foundation Presidential Professor, College of Public Health, University of Oklahoma Health Sciences Center, Tulsa, OK
- 11:30 a.m. **Elder Response**
- Leon A. Nuvayestewa Sr. (Hopi), retired Health Director/Administrator for the Hopi Tribe
- 12:00 p.m. **LUNCH**
Minnetonka Ballroom
Comments by Steven Bond-Hikatubbi (Chickasaw Nation), Intertribal Agriculture Council, Ada, OK
- 1:15 p.m. **BREAKOUT GROUPS II (See full descriptions on pages 38-43)**
**presenter*
- Leveraging Programs to Support Maternal and Child Health and Food Security**
Waconia Room 3
Kelli Begay, MS MBA RDN (Kickapoo/Seminole/Mvskoke Creek)*, Division of Diabetes Treatment and Prevention, Indian Health Service, Rockville, MD; and Patty Keane, MS, RDN*, University of New Mexico, Albuquerque, NM
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Community Champions for Safe, Sustainable, Traditional Food Systems

Isanti Room 1

Kathleen Yung*, First Nations Health Authority, Vancouver, BC; and Casey Neathway*, First Nations Health Authority, Kamloops, BC

2:15 p.m.

BREAK

2:45 p.m.

Redefining Healthy Food, Reinventing Finance, and Returning to Self-Sufficiency

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- Zachary Ducheneaux (Cheyenne River Sioux), Intertribal Agriculture Council Technical Assistance Program, Eagle Butte, SD

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AGENDA

3:30 p.m.

POWERED BY PECHAKUCHA (See full descriptions on pages 44-50)

Moderated by Sarah Miracle, RDN, LD, MBA, FAND, SNAP-Ed Program Director, Oklahoma Tribal Engagement Partners (OKTEP), Stillwater, OK

**presenter*

Ocean to Table

Azure B Boure, BSNES (Suquamish), Suquamish Tribe Traditional Food and Medicine Program Coordinator, Suquamish, WA*

Significance of Traditional Wild Plant Nutrition for Tohono O’odham Health

Martha Ames Burgess, MS, Adjunct Professor, Tohono O’odham Community College, Sells, AZ; and Juanita Francisco Ahil (Tohono O’odham), Ali Chukson, AZ*

The Indigenous Plate

Monica Cyr, MSc, BSc (Métis), U Manitoba; Nicole Lamy (Métis), Food Matters Manitoba; and Jeff LaPlante (Métis), National Aboriginal Diabetes Association, Winnipeg, Manitoba*

Newman’s Own Foundation Native American Nutrition Cohort: A Peer Learning Collaborative Approach to Strengthen Fresh Food Access and Nutrition Education in Indian Country

Crystal Echo Hawk (Pawnee), Echo Hawk Consulting, Tulsa, OK; and Faith Fennelly*, Newman’s Own Foundation, Westport, CT*

Revitalizing Traditional Foods as Nutritional Food Options

Rebecca Edler (Menominee), Dolly Potts (Prairie Band Potawatomi)*, and Adam Schulz (Stockbridge-Munsee Community Band of Mohican Indians)*, Sustainable Development Institute, College of Menominee Nation, Keshena, WI*

Achieving Campus Wellness Through the Integration of Sustainable Agriculture and Nutrition Education at United Tribes Technical College

R. Fox (Arikara), B. McGinness, MEd, A. Wadsworth (Spirit Lake Nation)*, and M. Yborra, RD*, United Tribes Technical College, Bismarck, ND*

NW Tribal Food Sovereignty Coalition: Inter-tribal and

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AGENDA

Intergenerational Collaboration

Nora Frank-Buckner, MPH (Nez Perce/Klamath), Ethan Newcomb (Siletz), Jenine Dankovchik, Tam Lutz, MPH, MHA (Lummi Nation)*, and Victoria Warren-Mears, PhD, RDN, FAND, NW Portland Area Indian Health Board, Portland, OR; and NW Tribal Food Sovereignty Coalition Members*

The Role of Soil Nourishment in Nutritional Quality of Indigenous Foods

Scott Goode, BS, Nourishing Systems, Central Point, OR, and Research Scientist, Desert Research Institute (DRI), Reno, NV; Beverly Ausmus Ramsey, PhD, Wa-Hi-La, LLC, Woodsboro, MD and DRI, Reno, NV; and Anna Eichner, BA, Tikum Olam Research & Teaching Farm, Central Point, OR, and DRI, Reno, NV*

Healthy Navajo Store Initiative

J. Hood, MSc (Navajo), D. Carroll, MPH (Navajo), C. George, MS (Navajo), and S. Shin, MD, Community Outreach and Patient Empowerment (COPE), Gallup, NM*

Blackfeet Nation Community Food Security and Food Sovereignty Assessment

Betsy Loring, Nonie Woolf (Yakama/Choctaw), and Kirsten Krane, FAST Blackfeet, Browning, MT; Sharon Silvas (Blackfeet) and Stefany Jones, Indian Health Services, Browning, MT; Scott Brant, FAST Blackfeet, Browning, MT; and Marissa McElrone, U Tennessee, Knoxville, TN*

Don't Miss Out! CSBG Funds Are Available to Support Native Nutrition Programs

Nicole Oxendine, MFA (Lumbee), CSBG National Training & Technical Assistance Program, Lux Consulting Group, Silver Spring, MD*

Converting Food Deserts into OAASIS: (Organic Adaptive Agricultural Systems Integrated for Sustainability)

Beverly Ausmus Ramsey, PhD, Wa-Hi-La, LLC, Woodsboro, MD, and Research Professor (retired), Desert Research Institute, Reno, NV*

Federation of Sovereign Indigenous Nations Food Policy Process and Recommendations

Dr. Priscilla Settee, PhD (Swampy Cree, Cumberland House First Nations), U Saskatchewan, Saskatoon, SK; and Terrina Bellegarde (Nakota-Cree, Carry the Kettle First Nation, Treaty Four Territory)*, Federation of Sovereign Indigenous Nations, Saskatoon, SK*

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AGENDA

5:00 p.m. **POSTER SESSION/RECEPTION (appetizers and cash bar)**
See full descriptions on pages 38-57
Minnetonka Ballroom

6:30 p.m. **DINNER ON OWN**

FRIDAY, OCTOBER 5

7:00-11:00 a.m. **Registration**

7:00 a.m. **BREAKFAST**
Minnetonka Ballroom

SESSION 4: IMPORTANCE OF RECOVERY FROM HISTORICAL TRAUMA TO HEALTH AND NUTRITION

**During this session, attendees may take breaks in a quiet space*

Anoka Room 1

8:00 a.m. **Epigenetic Impact of Unresolved Trauma and Poor Nutrition**
All plenary sessions will be held in the Minnetonka Ballroom

- Donald Warne, MD, MPH (Oglala Lakota), Director, Indians into Medicine Program, Associate Dean, Diversity, Equity & Inclusion, and Professor, Family & Community Medicine, University of North Dakota, Grand Forks, ND

8:45 a.m. **Addressing Historical Trauma to Improve Native Nutritional Health**

- Karina Walters, PhD (Choctaw), William P. and Ruth Gerberding Endowed Professor and Associate Dean for Research, Co-Director, Indigenous Research Wellness Institute, University of Washington, Seattle, WA

9:30 a.m. **BREAK**

9:45 a.m. **Deconstructing Historical Trauma: Survival Stories**

- Mary Annette Pember (Red Cliff Band of Ojibwe), award-winning journalist and former president of the Native American Journalists Association, Cincinnati, OH

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AGENDA

- 10:30 a.m. **Medicine for the Spirit: Breathing, Shaking and Dancing**
- Donna LaChapelle (Ojibwe/Dakota, enrolled member of White Earth Nation), Faculty Member, Center for Mind-Body Medicine, Washington, DC, and Elder in Residence, Native American Community Clinic, Minneapolis, MN
- 11:00 a.m. **Moving Forward: Resilience and Health**
- Abigail Echo-Hawk, , Director, Urban Indian Health Institute, Seattle, WA
- 11:15 a.m. **CLOSING ELDER PANEL**
- Hope Flanagan (Seneca), Wild Foods Educator, Dream of Wild Health, Minneapolis, MN
 - Evangeline Nuvayestewa (Hopi/Tewa), retired teacher, Polacca, AZ
 - Leon A. Nuvayestewa Sr. (Hopi), retired Health Director/Administrator for the Hopi Tribe, Polacca, AZ
 - Beverly Stabber Warne, RN, MSN (Oglala Lakota), South Dakota State University College of Nursing, Brookings, SD
 - Ernie Whiteman (Northern Arapahoe), Cultural Director, Dream of Wild Health, Minneapolis, MN
- 12:15 p.m. **CLOSING CEREMONY AND CONCLUDING COMMENTS**
- Prayer: Janice Bad Moccasin (Shakopee Mdewakanton Sioux Community)
 - Closing Remarks: Abigail Echo-Hawk and Linda Frizzell
- 12:30 p.m. **LUNCH ON OWN**

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