

# ***Ocean to Table***

Azure B Boure', BSNES

Suquamish Tribe Traditional Food  
and Medicine





**0 Days**  
Insemination

**15 days**  
Eyed Stage

**30 Days**

**45 Days**

**60 Days**  
Alevin Stage

**75-90 Days**  
Fry Stage

Chum salmon, approximate life stage cycle at Grovers Creek Salmon Hatchery (Suquamish Tribe)

Days







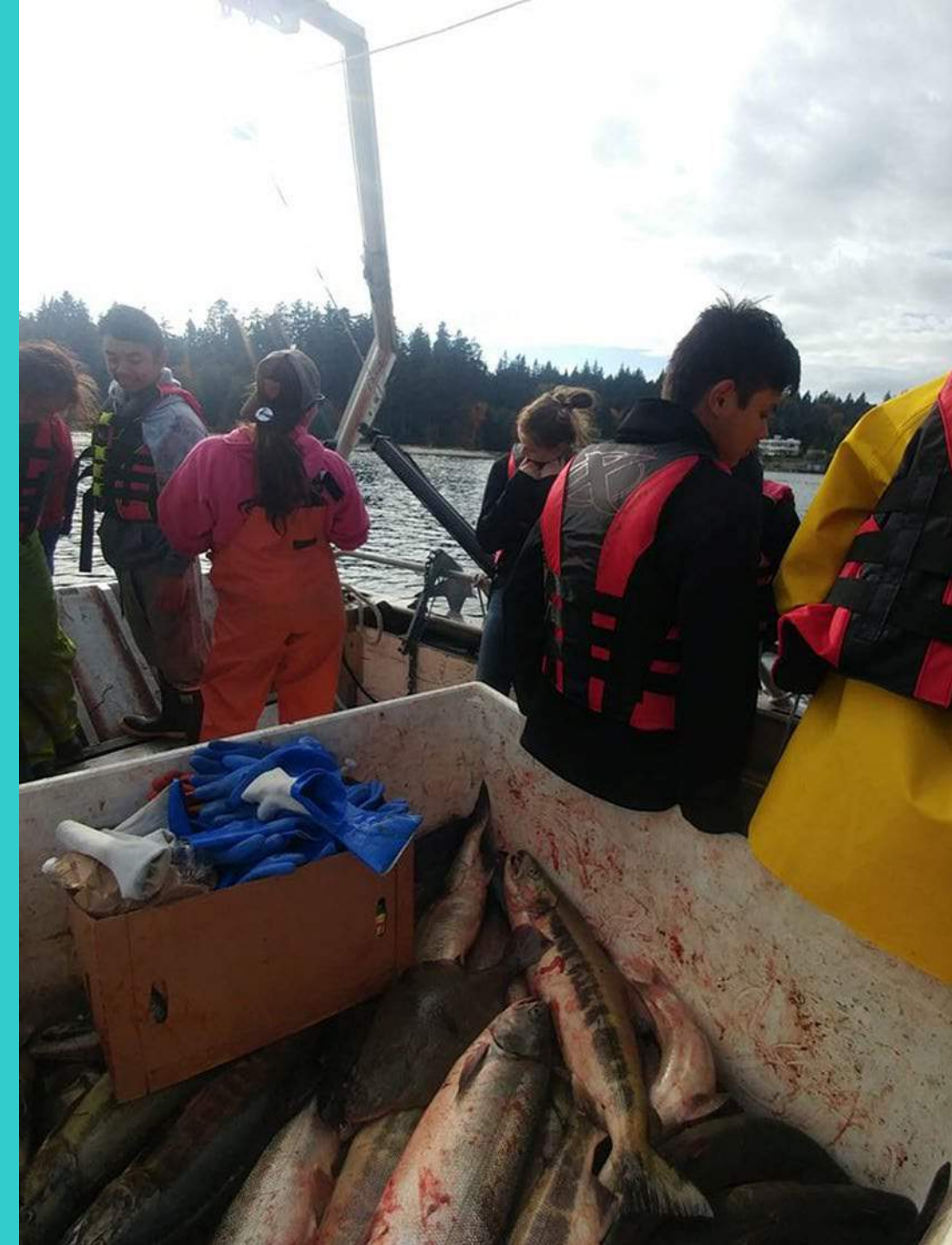




































































# THE SUQUAMISH TRIBE

***Thank You!***

Suquamish Tribe Community Health Programs  
"Healthy Living is Our Tradition"

