



Second Annual Conference on

# Native American Nutrition

# AGENDA

#nutrition17

## From Knowledge to Practice

*Using Both Indigenous Wisdom and Academic Research to Improve Native American Nutrition*

### SUNDAY, SEPTEMBER 17

**5:30-8:30 p.m.**     **Registration** (*Convention space entrance*)

**6:30-8:30 p.m.**     **Welcome gathering** (*Dakota Ballroom*)

### MONDAY, SEPTEMBER 18

**Breakfast (7-8 a.m.)** (*Grand Ballroom, overflow Little Crow*)

**7 a.m.-3 p.m.**     **Registration** (*Convention space entrance*)

**8:15 a.m.**     **OPENING CEREMONY** (*Mystic Lake Showroom - no food allowed*)

Welcome remarks:

- Shakopee Mdewakanton Sioux Community
- Brian Buhr, PhD, Dean, College of Food, Agricultural and Natural Resource Sciences, University of Minnesota, Saint Paul, MN
- Mindy S. Kurzer, Ph.D., Conference planning committee chair, University of Minnesota, Saint Paul, MN

**SESSION I: HEALTHFULNESS OF TRADITIONAL FOODS** (*Mystic Lake Showroom - no food allowed*)

Moderated by Holly Hunts, PhD, Associate Professor, Montana State University, Bozeman, MT

**9 a.m.**     **Transformational Eating: A Ceremony of Gratitude**

- Abigail Echo-Hawk, MA (Pawnee/Athbascan), Director, the Urban Indian Health Institute at the Seattle Indian Health Board, Seattle, WA
- Elisabeth Echo-Hawk Kawe (Pawnee/Athbascan), Director of Indigenous Wellness for Headwater People, Seattle, WA

**9:45 a.m.**     **Indigenous Foods Improve Health**

- Gary Ferguson, ND (Unangan/Aleut), CEO, Rural Alaska Community Action Program, Anchorage, AK

**10:30-11 a.m.**     **Break**

**11 a.m.**     **Food is Medicine**

- Linda Black Elk (Catawba Nation), Sitting Bull College, Fort Yates, ND



HEALTHY FOODS,  
HEALTHY LIVES INSTITUTE  
UNIVERSITY OF MINNESOTA



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**11:45 - 12:15**

**Elder Response: Healthfulness of Traditional Foods**

- Beverly Stabber-Warne, RN, MSN (Oglala Lakota), South Dakota State University College of Nursing, Brookings, SD

**Lunch (12:30 - 1:30 p.m.)** *(Grand Ballroom, overflow Little Crow)*

**1:45 - 3 p.m.**

**BREAKOUTS**

**Building Tribal/University Relationships: Opportunities and Challenges** *(Shakopee)*

- Stephany Parker, PhD, Oklahoma Tribal Engagement Partners LLC and Adjunct Associate Research Professor, Departments of American Indian Studies and Psychology, Oklahoma State University, Stillwater, OK
- Dwanna Robertson, PhD (Muskoke), Asst. Professor of Indigenous Studies, Colorado College, Colorado Springs, CO

**Funding Gardens and Farms** *(Wabasha 1)*

- Steven Bond (Chickasaw Nation), Technical Assistance Specialist, Intertribal Agriculture Council, Eastern Oklahoma Region, Ada, OK

**Meeting Intergenerational Nutritional Needs with Ancestral Beverages** *(Little Crow)*

- Valerie Segrest, MS (Muckleshoot), Traditional Foods and Medicines Program Manager, Muckleshoot Indian Tribe, Auburn, WA

**Networking: Research Speed Networking** *(Wahpeton/Sisseton)*

- Linda Frizzell, MS, PhD (Eastern Cherokee and Lakota), Assistant Professor, University of Minnesota School of Public Health, Technical Consultant, Great Lakes Tribal EpiCenterGlobal Health Faculty Associate, Minneapolis, MN

**Organizing Native Youth for Improved Nutrition** *(Wahpekute)*

- Joy Persall (Ontario Ojibwe, Metis), Executive Co-Director, Dream of Wild Health, Minneapolis, MN
- Ernie Whiteman (Northern Arapahoe), Cultural Director, Dream of Wild Health, Minneapolis, MN

**Storytellers of Health: Resilience and Research in Action** *(Wabasha 2)*

- Abigail Echo-Hawk, MA (Pawnee/Athabaskan), Director, the Urban Indian Health Institute at the Seattle Indian Health Board, Seattle, WA

**Tribal Nations Tell Their Stories of Food System Changes and Health Consequences Using Narrative and Cultural Imagery** *(Grand Ballroom 1)*

- Kibbe McGaa Conti, MS, RD, CDE (Oglala Lakota), Nutrition Specialist, Rapid City Indian Hospital, Rapid City, SD

**Why and How to Document the Traditional Food System in Your Community** *(Grand Ballroom 2)*

- Harriet Kuhnlein, PhD, Professor Emerita, McGill University, Montréal, Canada

**3 - 3:30 p.m.**

**Break**

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## SESSION II: COMMUNITY/UNIVERSITY NUTRITION RESEARCH COLLABORATIONS I - METRICS FOR SUCCESS *(Mystic Lake Showroom - no food allowed)*

Moderated by Abigail Echo-Hawk, MA (Pawnee/Athbascan), Director, the Urban Indian Health Institute at the Seattle Indian Health Board, Seattle, WA

- 3:30 p.m.**      **Why Evaluate? Indigenous Evaluation Frameworks**
- Donald Warne, MD, MPH (Oglala Lakota), Professor and Chair, Department of Public Health, North Dakota State University, Fargo, ND
- 3:55 p.m.**      **Evaluation of the Minnesota Statewide Health Improvement Partnership (SHIP) Native American Programs**
- Donald Warne, MD, MPH (Oglala Lakota), Professor and Chair, Department of Public Health, North Dakota State University, Fargo, ND
- 4:20 p.m.**      **Pilinaha: The Four Connections, an Indigenous Framework of Health**
- Sharon Ka'iulani Odom, MPH, RD (Native Hawaiian), Roots Project Director, Kokua Kalihi Valley Health Clinic, Honolulu, HI
- 4:45 p.m.**      **Kaupapa Maori Process Evaluation Frameworks**
- Debbie Goodwin (Ngai Tūhoe/Whakatōhea), DBZ Consultancy Ltd, Hamilton, NZ
- 5:10 p.m.**      **Speaker Panel Discussion/Q&A**
- Debbie Goodwin, Sharon Ka'iulani Odom, and Donald Warne
- 5:40 - 6:30 p.m.**      **Break**

## VISIT OUR VENDORS AND EXHIBITORS

Visit our vendors and exhibitors who are here to share their knowledge and traditional goods with all of our conference attendees. They are located in the hallway by the Little Crow and Wabasha breakout rooms.





**Dinner (6:30-7:30 p.m.)** *(Grand Ballroom, overflow Little Crow)*

## **Evening: Celebrating The Next Generation** *(Mystic Lake Showroom)*

Emceed by Joanna Bryant, SMSC Community Member and Wellness Administrator

### **7:45-8:30 p.m. Next Generation Youth Panel**

- Estella LaPointe (Ihanktunwan), Community Programs Manager, Dream of Wild Health, Minneapolis, MN, and DWH youth leaders
  - Sean Buehlmann (Ihanktunwan Nakota), Former Garden Warrior, current Market Coordinator (21 years old)
  - Jennifer Buehlmann (Ihanktunwan Nakota), Garden Warrior Leader (13 years old)
  - Faith Gronda (Wyandot of Michigan), Garden Warrior Leader (18 years old)
  - Miiskogihmiiwan Poupert-Chapman (Lac du Flambeau of Wisconsin), Garden Warrior Leader (16 years old)
  - Tayah Reyes (St. Croix band of Ojibwe), Former Garden Warrior, current Program Intern (18 years old)

### **8:30-10 p.m. Entertainment: Supaman (Native Hip-Hop Artist)**

## **TUESDAY, SEPTEMBER 19**

**Breakfast (7:15-8:15 a.m.)** *(Grand Ballroom, overflow Little Crow)*

**7 a.m.-3 p.m. Registration** *(Convention space entrance)*

### **SESSION III: COMMUNITY/UNIVERSITY RESEARCH COLLABORATIONS II - BEST PRACTICES UTILIZING BOTH INDIGENOUS AND ACADEMIC SCIENCE** *(Mystic Lake Showroom - no food allowed)*

Moderated by Harriet Kuhnlein, PhD, Professor Emerita, McGill University, Montréal, Canada

#### **8:30 a.m. Looking Back on Research: Successes and Lessons Learned**

- Linda Frizzell, MS, PhD (Eastern Cherokee and Lakota), Assistant Professor, University of Minnesota School of Public Health; Technical Consultant, Great Lakes Tribal EpiCenter, Minneapolis, MN

#### **9:10 a.m. Brain Activation by Food Cues Varies with Choice of Visual Stimulus in Obese American Indian Women**

- Tiffany Beckman, MD, MPH (Leech Lake Band of Ojibwe), Department of Medicine, University of Minnesota, Minneapolis, MN

#### **9:50-10:15 a.m. Break**

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**10:15 a.m. A Kaupapa Māori Co-Design Approach for Developing a Healthy Lifestyle Support Tool for Use in New Zealand Māori Communities**

- Lisa Te Morenga, PhD, (Ngāti Whātua, Te Rarawa), Associate Dean and Senior Research Fellow, Department of Human Nutrition, University of Otago, Dunedin, New Zealand

**10:55 - 11:15 a.m. Speaker Panel Discussion/Q&A**

- Tiffany Beckman, Linda Frizzell, and Lisa Te Morenga

**Lunch (11:30 a.m.-12:30 p.m.)** *(Grand Ballroom, overflow Little Crow)*

**12:45 -2 p.m. BREAKOUTS**

**Building Tribal/University Relationships: Opportunities and Challenges** *(Shakopee)*

- Stephany Parker, PhD, Oklahoma Tribal Engagement Partners LLC and Adjunct Associate Research Professor, Departments of American Indian Studies and Psychology, Oklahoma State University, Stillwater, OK
- Dwanna Robertson, PhD (Muskoke), Asst. Professor of Indigenous Studies, Colorado College, Colorado Springs, CO

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**Meeting Intergenerational Nutritional Needs with Ancestral Beverages** *(Little Crow)*

- Valerie Segrest, MS (Muckleshoot), Traditional Foods and Medicines Program Manager, Muckleshoot Indian Tribe, Auburn, WA

**Networking: Building a Community of Practice on Native American Nutrition** *(Wahpeton/Sisseton)*

- Dr. Jackie Vertigan, Ed.d, Priscilla Belisle (Oneida Nation), MindCore Collaborative, LLC., Minneapolis, MN

**Organizing Native Youth for Improved Nutrition** *(Wahpekute)*

- Joy Persall (Ontario Ojibwe, Metis), Executive Co-Director, Dream of Wild Health, Minneapolis, MN
- Ernie Whiteman (Northern Arapahoe), Cultural Director, Dream of Wild Health, Minneapolis, MN

**Storytellers of Health: Resilience and Research in Action** *(Wabasha 2)*

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**Why & How to Document the Traditional Food System in Your Community** *(Grand Ballroom 2)*

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**2-2:30 p.m. Break**

**2:30-4:30 p.m. SESSION IV: BRIEFTALKS, POWERED BY PECHAKUCHA** (*Mystic Lake Showroom - no food allowed*)  
Moderated by Sarah Miracle, MBA, RD, LD, FAND, Chickasaw Nation SNAP-Ed Nutrition Education Program, Ada, OK

1. Decolonizing Nutrition Science; C Hassel and AL Tamang, University of Minnesota.
2. Making a Pathway: Reflections of Native Hawaiian Community Facilitators upon the Experience of Participatory Research into 'Ai Pono (Wholesome Nutrition); CH Titcomb, et al., Waimānalo Health Center, Waimānalo, HI, Wai'anāe Coast Comprehensive Health Center, Waianae, HI, and Papa Ola Lokahi.
3. Healthy Children, Strong Families 2: Randomized Healthy Lifestyle Intervention for American Indian Families; EJ Tomayko, et al., Oregon State University, Corvallis, OR, Montana State University, Bozeman, MT, University of Wisconsin, Madison, WI, and University of New Mexico, Albuquerque, NM.
4. Nutrition Monitoring App: Foods from the Distribution Program on Indian Reservation; H Hunts and E Dratz, Montana State University, Bozeman, MT.
5. The Pacific Island Food Model Toolkit: Ten Years of a Community-Developed Multicultural Nutrition Education Tool; NK Baumhofer, et al., University of Hawai'i, Honolulu, HI.
6. Nutrition Education Program for Adults with T2DM Among a Small Great Basin Tribe; C Wilson, et al., University of Utah, Salt Lake City, UT.
7. To Work in the Community, You Must be a Part of the Community; T Lightfield, University of Minnesota Extension's Expanded Food and Nutrition Education Program (EFNEP), Eden Prairie, MN.
8. How Do Youth Working on a Community Farm Contribute to Indigenous Food Sovereignty? K Michnik, University of Manitoba, Winnipeg, Canada
9. Gitigaanike/Red Lake Local Foods Initiative; D Manuel and S Seki, Red Lake Foods Initiative, Red Lake, MN.
10. Growing Resilience, Health, Food Sovereignty, and Partnerships in Wind River Indian Reservation; C Porter, et al., University of Wyoming, Laramie, WY, University of Wyoming, Riverton, WY, and Blue Mountain Associates, Fort Washakie, WY, and Eastern Shoshone Tribal Health (Fort Washakie, WY).
11. Growing Resilience and Leadership on the Wind River Indian Reservation: The Struggles and Victories of Community Leadership Development in a Federally Funded Research Partnership; C Harris, P Harris, D Perez, et al., Growing Resilience Community Advisory Board Members, Ethete, WY, Fort Washakie, WY, and University of Wyoming Extension on the Wind River Indian Reservation, Kinnear, WY.
12. Indigenous Evaluation Framework; M Tafoya and P Droz, Partnership to Improve Community Health, Fort Defiance, AZ, and Sustainable Nations Development Project, Tucson, AZ.
13. Grand Foods of the Grand Canyon: A Nutritional Analysis of Traditional Food Plants of the Hualapai Ethnobotany Youth Project; Carrie Calisay Cannon, Hualapai Tribe Department of Cultural Resources, Peach Springs, AZ.

**4:30-5 p.m. Break**

**5-6:30 p.m. Poster Session** (*Grand Ballrooms 1/2 and Yankton/Teton/Santee*)  
Light refreshments/cash bar

**Free night/dinner on your own**

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## WEDNESDAY, SEPTEMBER 20

**Breakfast (7:15-8:15 a.m.)** *(Grand Ballroom, overflow Little Crow)*

### **SESSION V: ENVIRONMENT, LAND AND NUTRITION** *(Mystic Lake Showroom - no food allowed)*

Moderated by Janie Hipp, JD, LLM (Chickasaw Nation), Director, Indigenous Food & Agriculture Initiative, Law Professor, University of Arkansas, Fayetteville, AR

**8:30 a.m. Effects of Relocation on Food Access and Nutrition**

- Devon Mihesuah, PhD, (Choctaw Nation of Oklahoma), Cora Lee Beers Price Teaching Professor in International Cultural Understanding, University of Kansas, Lawrence, KS

**9 a.m. Biodiversity and Nutrition**

- Steven Bond (Chickasaw Nation), Technical Assistance Specialist, Intertribal Agriculture Council, Eastern Oklahoma Region, Ada, OK

**9:30 a.m. Swinomish First Foods and Community Health as Indicators of Climate Change**

- Larry Campbell (Swinomish), Community Health Specialist, Swinomish Indian Tribal Community, La Conner, WA
- Jamie Donatuto, PhD, Environmental Community Health Analyst, Swinomish Indian Tribal Community, LaConner, WA

**10 a.m. Elder Response**

- Faith Spotted Eagle (Yankton Sioux), Braveheart Society, Ihanktonwan Dakota Territory, South Dakota

**10:30 a.m. Speaker Panel/Q&A**

- Steven Bond-Hikatubbi, Larry Campbell, Jamie Donatuto, Devon Mihesuah, and Faith Spotted Eagle

**11 a.m. Elder Panel: Reflections on Native American Nutrition and Pathways to the Future**  
*(Mystic Lake Showroom - no food allowed)*

Moderated by Janie Hipp, JD, LLM (Chickasaw Nation), Director, Indigenous Food & Agriculture Initiative, Law Professor, University of Arkansas, Fayetteville, AR

- Larry Campbell, Faith Spotted Eagle, Beverly Stabber-Warne, Ernie Whiteman

**12 p.m. Closing Remarks and Ceremony** *(Mystic Lake Showroom - no food allowed)*

- Mindy S. Kurzer, Ph.D., conference planning committee chair, University of Minnesota, Saint Paul, MN
- Closing Ceremony

**Lunch (12:30 p.m.)** *(Grand Ballroom, overflow Little Crow)*

