



# *The Pacific Island Food Model Toolkit: Ten Years of a Community- Developed Multicultural Nutrition Education Tool*

NK BAUMHOFER, SCD, MPH, MA, S SOONG, MPH, MED, MA LOOK,  
MBA

DEPARTMENT OF NATIVE HAWAIIAN HEALTH

UNIVERSITY OF HAWAI'I JOHN A. BURNS SCHOOL OF MEDICINE

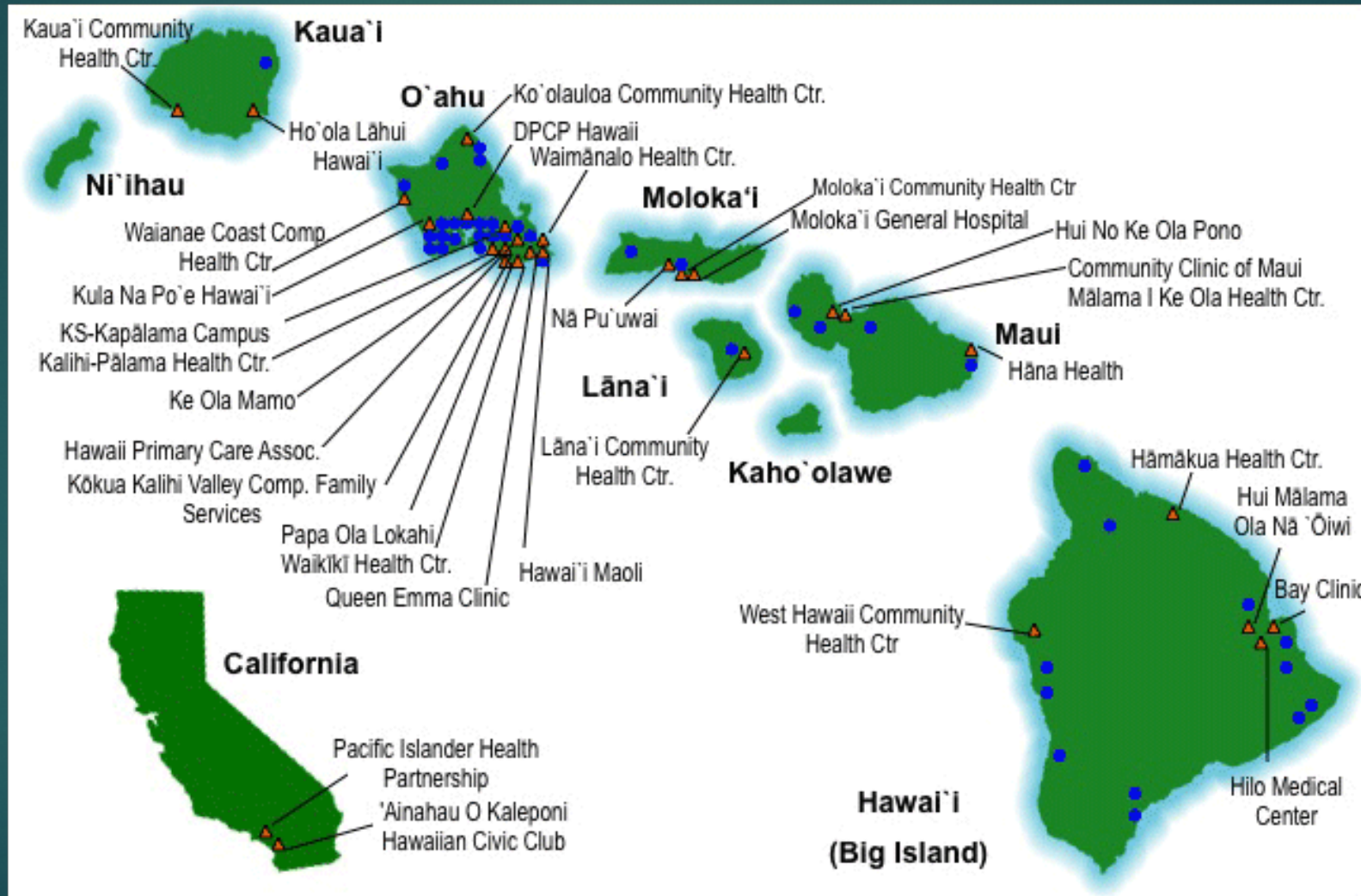
# Department of Native Hawaiian Health



# University of Hawai'i John A. Burns School of Medicine



# Ulu Network



# Ahi limu poke – cubed fish with seaweed and onion



# 'Ulu – breadfruit



# Haupia – coconut pudding



# Kalua pig – earth-roasted pig





# Bok choy – Chinese cabbage



# Kabocha – Japanese pumpkin



# Hō'i'o salad – fiddlehead fern salad



# Mango – fruit



Poi – steamed, mashed taro root



# Saimin – Japanese noodle soup



# Challenge #1 – Changing demographics



# Solution #1 – Reassess food list





# Challenge #2 - Expensive



# Challenge #2 – Include nutrition information



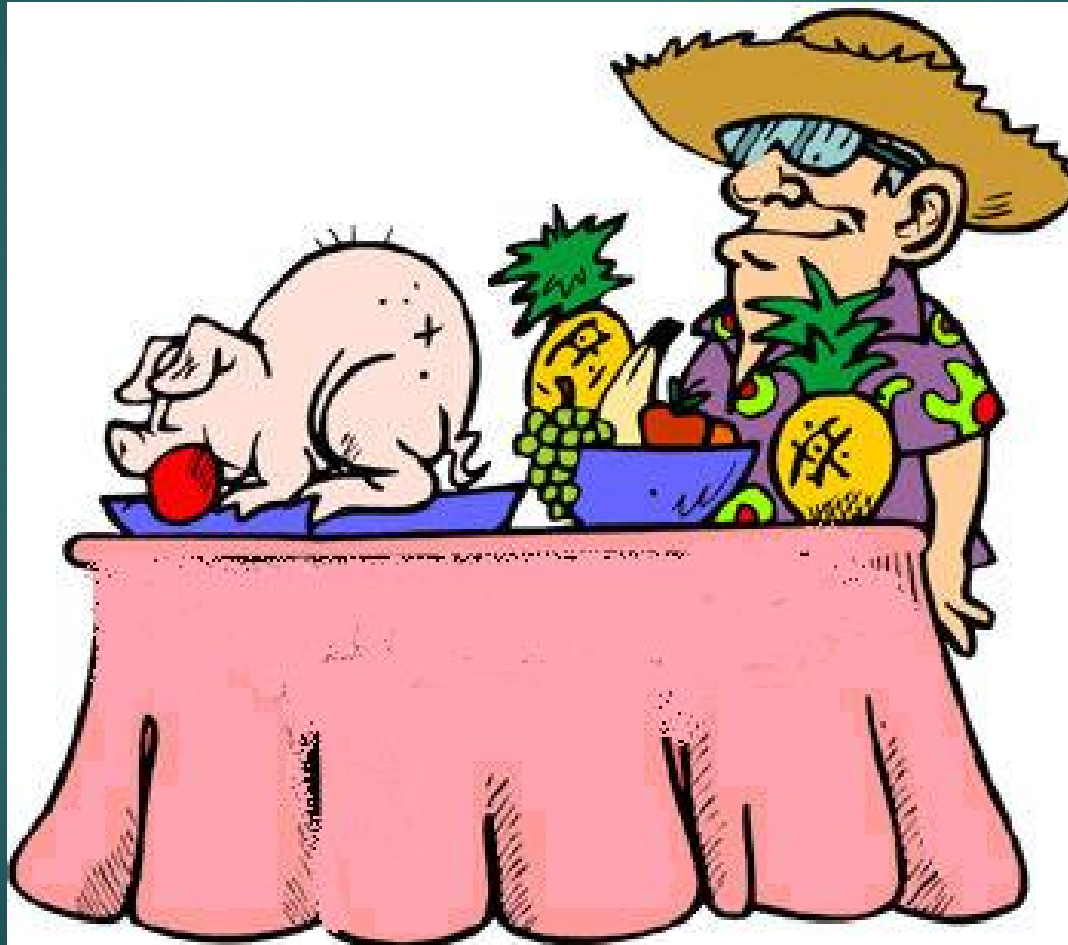
# Challenge #3 – Set items



# Solution #3 - Customization



# Conclusion



*Mahalo nui loa!*  
*Thank You!*

