AGENDA

First Annual Conference on Native American Nutrition

From Knowledge to Practice
Using Both Indigenous Wisdom and Academic Research to Improve Native American Nutrition

SEPTEMBER 25
Welcome gathering (7:00-9:00 p.m.)

5:30-7:30 Registration (Convention space entrance)
7:00-9:00 Light appetizers and cash bar (Grand Ballroom)

SEPTEMBER 26
Breakfast (8:00-8:50 a.m.)

7:00-3:00 Registration (Convention space entrance)
8:00-8:20 Opening ceremony (Grand Ballroom)
• Emceed by Lori Watso (Shakopee Mdewakanton Sioux Community) Chair, Seeds of Native Health
• Colors presented by Sisseton-Wahpeton Kit Fox Society
• Blessing by Leonard Wabasha (Lower Sioux Community) Shakopee Mdewakanton Sioux Community Cultural Director

8:30-8:50 Welcome remarks
• Secretary/Treasurer Freedom Brewer, Shakopee Mdewakanton Sioux Community
• President Eric Kaler, PhD, University of Minnesota

Framing the conference: Context, purpose and outcomes (Grand Ballroom)

8:50-9:05 “Feeding ourselves: Historical and contemporary challenges to healthy nutrition in Indian Country”
• Crystal Echo Hawk (Pawnee Nation of Oklahoma), President and CEO, Echo Hawk Consulting
• Janie Hipp, JD, LLM (Chickasaw Nation), Director, Indigenous Food and Agriculture Initiative and Law Professor, University of Arkansas
• Moderated by Brenda Child, PhD, Professor and Chair, Department of American Studies, University of Minnesota

9:05-10:15 GOALS OF THE CONFERENCE
“Highlighting innovative work in Indian Country”
• Gary Ferguson, ND (Unangan/Aleut), Community Health Services Senior Director, Alaska Native Tribal Health Consortium
“Developing partnerships”
• Abigail Echo-Hawk, MA (Pawnee/Athbascan), Co-Director, Partnerships for Native Health, Washington State University

“Translating research into policy and practice”
• Tiffany Beckman, MD, MPH (Leech Lake Band of Ojibwe) Assistant Professor, University of Minnesota Medical School

“Building momentum to improve Native American nutrition”
• Janie Hipp, JD, LLM (Chickasaw Nation) Director, Indigenous Food and Agriculture Initiative, and Law Professor, University of Arkansas

10:15-10:30 Break

Improving Native nutritional health through evidence-based research and practice-based knowledge

10:30-11:00 “Building trust and maintaining relationships between researchers and Native American communities” (Grand Ballroom)
• Abigail Echo-Hawk, MA (Pawnee/Athbascan), Co-Director, Partnerships for Native Health, Washington State University
• Kenneth Smoker Jr., MBA (Assiniboine and Sioux Tribes of the Fort Peck Reservation, Montana), Director, Fort Peck Tribes Health Promotion/Disease Prevention Program
• Introduced by Diane Wilson (Dakota Kiciya), Executive Director, Dream of Wild Health

11:00-11:15 INTRODUCTION TO BREAKOUT SESSIONS
• Mindy S. Kurzer, PhD, Professor and Director, Healthy Foods, Healthy Lives Institute, University of Minnesota, and Chair of the Conference Organizing Committee

Track A: Healthy eating/nutrition education
• Moderated by Sheila Fleischhacker, Senior Public Health and Science Policy Advisor, Office of Nutrition Research, National Institute of Diabetes and Digestive and Kidney Diseases

Track B: Improving Native food systems
• Moderated by Stephen Bond-Hikatubbi (Chickasaw Nation), Technical Assistance Specialist, Eastern Oklahoma Region, Intertribal Agriculture Council

Track C: Social determinants of Native nutritional health
• Moderated by Donald Warne, MD, MPH (Oglala Lakota) Associate Professor and Chair, Department of Public Health, North Dakota State University

SeedsOfNativeHealth.org/Conference
11:15-12:00 SIMULTANEOUS BREAKOUT SESSIONS 1

Track A: Healthy eating/nutrition education  (Little Crow 1 & 2)
“Eagle Adventure Diabetes Prevention Program”
- Jill Fox, MPH (Chickasaw), Get Fresh! Eagle Adventure Coordinator, Chickasaw Nation Nutrition Services
- Sarah Miracle, MBA, RD, LD, Get Fresh! SNAP-ED Program Manager, Chickasaw Nation Nutrition Services

Track B: Improving Native food systems  (Wabasha 1 & 2)
“Store Outside Your Door: Indigenous food and health for Alaska Native people”
- Gary Ferguson, ND (Unangan/Aleut), Community Health Services Senior Director, Alaska Native Tribal Health Consortium

Track C: Social determinants of Native nutritional health  (Shakopee)
“What are social determinants of nutritional health in the context of Indian Country?”
- Olivia Roanhorse, MPH, Director, Native Strong: Healthy Kids, Healthy Futures, the Notah Begay III Foundation
- Donald Warne, MD, MPH (Oglala Lakota) Associate Professor and Chair, Department of Public Health, North Dakota State University

Lunch (12:00-1:00 p.m.)  (Grand Ballroom)

Keynote plenary
- Faith Spotted Eagle (Yankton Sioux), Braveheart Society, Ihanktonwan Dakota Territory South Dakota
- Introduced by Tiffany Beckman, MD, MPH (Leech Lake Band of Ojibwe), Assistant Professor, University of Minnesota Medical School

1:00-1:50 SIMULTANEOUS BREAKOUT SESSIONS 2

Track A: Healthy eating/nutrition education  (Little Crow 1 & 2)
“Healthy children, strong families: Family-based healthy lifestyle promotion in Indian Country”
- Alexandra Adams, MD, PhD, Professor and Director, Center for American Indian and Rural Health, Montana State University
- Scott Krueger RD, CD, CDE, Nutritional Services Director, Menominee Indian Tribe of Wisconsin
Track B: Improving Native food systems  *(Wabasha 1 & 2)*
“A fresh look at what (you think) you know about the Food Distribution Program on Indian Reservations (FDPIR) package”
- Holly Hunts, PhD, Associate Professor, Montana State University

Track C: Social determinants of Native nutritional health  *(Shakopee)*
“Stress among Oklahoma Choctaws caring for dependents with Type 1 and Type 2 diabetes”
- J. Neil Henderson, PhD (Choctaw Nation of Oklahoma), Professor and Leader, Medical Discovery Team on Health Equity: Rural Health Access and American Indian Health, University of Minnesota Medical School, Duluth
- Introduced by Tiffany Beckman, MD, MPH (Leech Lake Band of Ojibwe), Assistant Professor, University of Minnesota Medical School

1:50-2:00  Break

2:00-2:50  SIMULTANEOUS BREAKOUT SESSIONS 3

Track A: Healthy eating/nutrition education  *(Little Crow 1 & 2)*
“Building healthy community relationships through food security and food sovereignty”
- Treena Delormier, PhD (Mohawk), Assistant Professor, University of Hawaii
- Aianóhon Kaylia Marquis, BA (Mohawk), Food Security Coordinator, Ieiénthos Akotióhkwa Planting Group, Kahnawà:ke

Track B: Improving Native food systems  *(Wabasha 1 & 2)*
“Improving the food environment in Native communities”
- Joel Gittelsohn, PhD, Professor, Johns Hopkins University
- Marla Perdilla, MPH, MSW, Research Coordinator, S.W. Field Research Office, Johns Hopkins University

Track C: Social determinants of Native nutritional health  *(Shakopee)*
“The ancestral human microbiome: From traditional production and consumption to the impact of modern practices on nutritional health among Amazonian peoples”
- Hortensia Caballero Arias, PhD, Centro de Antropología del Instituto Venezolano de Investigaciones Científicas (IVIC), Caracas, Venezuela
- Maria Gloria Dominguez-Bello, PhD, Associate Professor, New York University School of Medicine

2:50-3:15  Break
Model programs in Indian Country  *(Grand Ballroom)*

- Moderated by Gary Ferguson, ND (Unangan/Aleut), Community Health Services Senior Director, Alaska Native Tribal Health Consortium

3:15-3:40  “Nisqually Community Garden: Approaches to health through relationships with food, the Earth, and each other”

- Janell Blacketer (Nisqually Indian Tribe), Field Technician
- Grace Ann Byrd (Nisqually Indian Tribe), Field Technician
- Caitlin Krenn, Supervisor, Community Garden Program

3:40-4:05  “Good Heart Grocery and Eat Right Deli community assessment and strategic plan”

- Tiffany Beckman, MD, MPH (Leech Lake Band of Ojibwe), Assistant Professor, University of Minnesota Medical School
- Faith Spotted Eagle (Yankton Sioux), Braveheart Society, Ihanktonwan Dakota Territory, South Dakota

4:05-4:30  “Food is Our Medicine: Advancing Native health and culture”

- Ken Parker, CNLP (Seneca Nation), Project Manager, Seneca Nation of Indians and Seneca Diabetes Foundation

4:30-4:55  “Oneida Community Integrated Food System”

- Joanie Buckley (Oneida Nation of Wisconsin), Internal Services Division Director, Oneida Community Integrated Food System

4:55-5:00  Closing

- Mindy S. Kurzer, PhD, Professor and Director, Healthy Foods, Healthy Lives Institute, University of Minnesota, and Chair of the Conference Organizing Committee

5:00-6:00  Break

**Reception (6:00-9:30 p.m.)**

6:00-7:00  Cocktail hour and poster session  *(Dakota Ballroom)*

7:00-9:30  Dinner and traditional dancing  *(Grand Ballroom)*

- Emceed by Lori Watso (Shakopee Mdevakanton Sioux Community), Chair, Seeds of Native Health
- Blessing by Andy Vig (Shakopee Mdevakanton Sioux Community)

**Keynote: “Feeding the spirit”**

- Valerie Segrest, MS (Muckleshoot), Traditional Foods and Medicines Program Manager, Muckleshoot Indian Tribe
- Introduced by Kris Rhodes, MPH (Anishinabe, Bad River Band of Lake Superior Chippewa and Fond du Lac Reservation), Executive Director, American Indian Cancer Foundation
SEPTMBER 27

Breakfast (7:30 a.m.-8:30 a.m.) *(Buffet outside Grand Ballroom)*

8:30-8:45  Recap of Day 1 and introduction to breakout sessions  *(Grand Ballroom)*

- Mindy S. Kurzer, PhD, Professor and Director, Healthy Foods, Healthy Lives Institute, University of Minnesota, and Chair of the Conference Organizing Committee

Moving forward together to improve Native American nutrition

8:45-10:45  SIMULTANEOUS BREAKOUT SESSIONS

**Track A: Healthy eating/nutrition education** *(Little Crow 1 & 2)*

**Track B: Improving Native food systems** *(Wabasha 1 & 2)*

**Track C: Social determinants of Native nutritional health** *(Shakopee)*

- Mapping exercise: What innovative/successful work is being done and by whom?
- Where are the knowledge gaps?
- What resources are needed?
- What is the role of land-grant institutions?

10:45-11:00  Break

11:00-11:45  Report back to whole group  *(Dakota Ballroom)*

Lunch (11:45-12:45 p.m.) *(Grand Ballroom)*

“Indigenous peoples’ food systems: Global awareness and action”

- Harriet Kuhnlein, PhD, Professor Emerita, McGill University, and Founding Director, Centre for Indigenous Peoples’ Nutrition and Environment
- Introduced by Treena Delormier, PhD (Mohawk), Assistant Professor, University of Hawaii

12:45-1:45  “Navigating grant opportunities to improve Native American nutrition”

- David Epsey, Grantee Coordinator, Centers for Disease Control and Prevention
- Sheila Fleischhacker, Senior Public Health and Science Policy Advisor, Office of Nutrition Research, National Institutes of Health
- Justin Kii Huenemann (Navajo Nation), President and CEO, Notah Begay III Foundation
- Livia Marqués, President, Food Driven Strategies, LLC
- Moderated by Crystal Echo Hawk (Pawnee Nation of Oklahoma), President and CEO, Echo Hawk Consulting
1:45-2:45  Next generation: Native American youth presentations

- Moderated by Amber Cardinal, MPH (Mandan, Hidatsa & Arikara Nation and Keweenaw Bay Band of Ojibwa), Project Coordinator, American Indian Cancer Foundation

“Changing Native American nutrition”

- Rachael Cornelius, BS (Oneida Nation of Wisconsin)

“Using a health impact assessment to engage tribal leaders and inform the development of a healthy food retail intervention: The THRIVE study”

- Jordan Hearod, MPH (Choctaw), Doctoral Student in Health Promotion, University of Oklahoma Health Sciences Center

“Health and wellness programming in urban Native American communities: Perspectives of Native Americans with diabetes”

- Jason Champagne, BS (Red Lake Band of Chippewa), MPH Student in Public Health Nutrition, University of Minnesota and Community Wellness Chef, Shakopee Mdewakanton Sioux Community

“Next steps: How to use food medicine for diabetes”

- Brandon K. One Feather, BS, ASBMB (Oglala Lakota)

2:45-3:15  “Building momentum to improve Native American nutrition”

Panel discussion

- Tiffany Beckman, MD, MPH (Leech Lake Band of Ojibwe), Assistant Professor, University of Minnesota Medical School
- Abigail Echo-Hawk, MA (Kitkehahki Band of Pawnee Nation/Upper Athabascan People of Mentasta Village, Alaska), Co-Director, Partnerships for Native Health, Washington State University
- Crystal Echo Hawk (Pawnee Nation of Oklahoma), President and CEO, Echo Hawk Consulting
- Gary Ferguson, ND (Unangan/Aleut), Community Health Services Senior Director, Alaska Native Tribal Health Consortium
- Janie Hipp, JD, LLM (Chickasaw Nation), Director, Indigenous Food and Agriculture Initiative and Law Professor, University of Arkansas
- Lori Watso (Shakopee Mdewakanton Sioux Community), Chair, Seeds of Native Health
- Moderated by Brenda Child, PhD, Professor and Chair, Department of American Studies, University of Minnesota

Closing

3:15-3:30  Closing remarks

- Brian Buhr, Dean, College of Food, Agriculture and Natural Resource Sciences, University of Minnesota
- Lori Watso (Shakopee Mdewakanton Sioux Community), Chair, Seeds of Native Health