September 17, Sunday

5:30-8:30 p.m.  Registration
6:30-8:30 p.m.  Welcome gathering

September 18, Monday

7 a.m.-3 p.m.  Registration
7:15 a.m.  Breakfast

OPENING CEREMONY

8:15 a.m.  Welcome
  • Opening ceremony
  • Welcome remarks:
    o Shakopee Mdewakanton Sioux Community
    o Brian Buhr, PhD, Dean, College of Food, Agricultural and Natural Resource Sciences, University of Minnesota

HEALTHFULNESS OF TRADITIONAL FOODS

Moderated by Holly Hunts, PhD, Associate Professor, Montana State University

9:00 a.m.  “Transformational Eating: A Ceremony Of Gratitude”
  • Abigail Echo-Hawk, MA (Pawnee/Athbascan), Director, the Urban Indian Health Institute at the Seattle Indian Health Board
  • Elisabeth Echo-Hawk Kawe (Pawnee/Athbascan), Director of Indigenous Wellness for Headwater People, Seattle, WA

9:45 a.m.  “Indigenous Foods Improve Health”
  • Gary Ferguson, ND (Unangan/Aleut), CEO, Rural Alaska Community Action Program, Anchorage, AK

10:30 a.m.  Break

11:00 a.m.  “Food is Medicine”
  • Linda Black Elk (Catawba Nation), Sitting Bull College, Fort Yates, ND

11:45 a.m.  Elder response
  • Beverly Stabber-Warne, RN, MSN (Oglala Lakota), South Dakota State University College of Nursing
12:30 p.m. Lunch

1:45 p.m. BREAKOUTS

Why and How to Document the Traditional Food System in your Community
- Harriet Kuhnlein, PhD, Professor Emerita, McGill University, Montréal, Canada

Funding Gardens and Farms
- Steven Bond-Hikatubbi (Chickasaw Nation), Technical Assistance Specialist, Eastern Oklahoma Region, Intertribal Agriculture Council

Tribal Nations Tell Their Story of Food System Change and Health Consequences Using Narrative and Cultural Imagery
- Kibbe McGaa Conti, MS, RD, CDE (Oglala, Lakota), Nutrition Specialist, Rapid City Indian Hospital, Rapid City, South Dakota

Native Infusion: Rethink Your Drink Campaign - Meeting Intergenerational Nutritional Needs with Ancestral Beverages
- Val Segrest, MS (Muckleshoot), Traditional Foods and Medicines Program Manager, Muckleshoot Indian Tribe, Auburn, WA

Organizing Native Youth for Improved Nutrition
- Ernie Whiteman (Northern Arapahoe), Cultural Director, Dream of Wild Health, Minneapolis, MN
- Joy Persall (Ontario Ojibwe, Metis), Executive Co-Director, Dream of Wild Health, Minneapolis, MN

Storytellers of Health: Resilience and Research in Action
- Abigail Echo-Hawk, MA (Pawnee/Athbascan), Director of the Urban Indian Health Institute at the Seattle Indian Health Board

Building Tribal/University Relationships: Opportunities and Challenges
- Stephany Parker, PhD, Oklahoma Tribal Engagement Partners LLC and Adjunct Associate Research Professor, Departments of American Indian Studies and Psychology, Oklahoma State University
- Dwanna Robertson, PhD (Mvskoke), Assistant Professor of Indigenous Studies, Colorado College, Colorado Springs, Colorado

Networking: Research Speed Networking

3:00 p.m. Break

COMMUNITY/UNIVERSITY NUTRITION RESEARCH COLLABORATIONS I: METRICS FOR SUCCESS
Moderated by Abigail Echo-Hawk, MA (Pawnee/Athbascan), Director of the Urban Indian Health Institute at the Seattle Indian Health Board

3:30 p.m. “Why Evaluate? Indigenous Evaluation Frameworks”
- Donald Warne, MD, MPH (Oglala Lakota), Professor and Chair, Department of Public Health, North Dakota State University

3:55 p.m. “Evaluation of the Minnesota Statewide Health Improvement Partnership (SHIP) Native American programs”
• Donald Warne, MD, MPH (Oglala Lakota), Professor and Chair, Department of Public Health, North Dakota State University

4:20 p.m. "Pilinaha: The Four Connections, an Indigenous Framework of Health"
  • Sharon Ka‘iulani Odom, MPH, RD (Native Hawaiian), Roots Project Director, Kokua Kalihi Valley Health Clinic, Honolulu, HI

4:45 p.m. "Kaupapa Maori Process Evaluation Frameworks"
  • Debbie Goodwin (Ngai Tūhoe/Whakatōhea), DBZ Consultancy Ltd, Hamilton, NZ

5:10 p.m. Speaker Panel Discussion/Q&A
  • Debbie Goodwin, Sharon Ka‘iulani Odom, and Donald Warne

5:40 p.m. Break

EVENING: CELEBRATING THE NEXT GENERATION

6:30 p.m. Dinner

7:45 p.m. Next Generation
  • Estella LaPointe (Ihanktunwan), Community Programs Manager, Dream of Wild Health (DWH), Minneapolis, MN, and DWH youth leaders panel
  • Sean Buehlmann (Ihanktunwan Nakota), Former Garden Warrior, current Market Coordinator (21 yrs old)
  • Jennifer Buehlmann (Ihanktunwan Nakota), Garden Warrior Leader (13 yrs old)
  • Faith Gronda (Wyandot of Michigan), Garden Warrior Leader (18 yrs old)
  • Miiskogihmiwan Poupart-Chapman (Lac du Flambeau of Wisconsin), Garden Warrior Leader (16 yrs old)
  • Tayah Reyes (St Croix band of Ojibwe), Former Garden Warrior, current Program Intern (18 yrs old)

8:45-10:15 p.m. Entertainment: Supaman (Native Hip-Hop Artist)

September 19, Tuesday

7 a.m.-3 p.m. Registration

7:15 a.m. Breakfast

COMMUNITY/UNIVERSITY RESEARCH COLLABORATIONS II:
BEST PRACTICES UTILIZING BOTH INDIGENOUS AND ACADEMIC SCIENCE
Moderated by Harriet Kuhnlein, PhD, Professor Emerita, McGill University, Montréal, Canada

8:30 a.m. “Looking Back on Research: Successes and Lessons Learned”
• Linda Frizzell, MS, PhD (Eastern Cherokee and Lakota), Assistant Professor, University of Minnesota School of Public Health; Technical Consultant, Great Lakes Tribal EpiCenter

9:10 a.m.  “Brain Activation by Food Cues Varies with Choice of Visual Stimulus in Obese American Indian Women.”
  • Tiffany Beckman, MD, MPH (Leech Lake Band of Ojibwe), Department of Medicine, University of Minnesota

9:50 a.m.  Break

10:15 a.m.  "A Kaupapa Māori Co-Design Approach for Developing a Healthy Lifestyle Support Tool for Use in New Zealand Māori Communities"
  • Lisa Te Morenga, PhD, (Ngāti Whātua, Te Rarawa), Associate Dean and Senior Research Fellow, Department of Human Nutrition, University of Otago, Dunedin, New Zealand

10:55 a.m.  Speaker Panel Discussion/Q&A
  • Tiffany Beckman, Linda Frizzell, and Lisa Te Morenga

11:30 a.m.  Lunch

12:45 p.m.  BREAKOUTS

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Associate Research Professor, Departments of American Indian Studies and Psychology, Oklahoma State University

- Dr. Dwanna Robertson (Mvskoke), Assistant Professor of Indigenous Studies, Colorado College

Networking: Building a Native American Nutrition Community of Practice

2:00 p.m. Break

2:30 p.m. **PECHA KUCHA TALKS: 20 SLIDES, 20 SECONDS/SLIDE**

*Moderated by Sarah Miracle, MBA, RD, LD, FAND, Chickasaw Nation SNAP-Ed Nutrition Education Program, Ada, OK*

1. Decolonizing Nutrition Science; **C Hassel and AL Tamang**, University of Minnesota.
2. Making a Pathway: Reflections of Native Hawaiian Community Facilitators upon the Experience of Participatory Research into ‘Ai Pono (Wholesome Nutrition); **CH Titcomb**, et al., Waimānalo Health Center, Waimānalo, HI, Wai‘anae Coast Comprehensive Health Center, Wai‘anae, HI, and Papa Ola Lokahi.
3. Healthy Children, Strong Families 2: Randomized Healthy Lifestyle Intervention for American Indian Families; **EJ Tomayko**, et al., Oregon State University, Corvallis, OR, Montana State University, Bozeman, MT, University of Wisconsin, Madison, WI, and University of New Mexico, Albuquerque, NM.
4. Nutrition Monitoring App: Foods from the Distribution Program on Indian Reservation; **H Hunts and E Dratz**, Montana State University, Bozeman, MT.
5. The Pacific Island Food Model Toolkit: Ten Years of a Community-Developed Multicultural Nutrition Education Tool; **NK Baumhofer**, et al., University of Hawai‘i, Honolulu, HI.
6. Nutrition Education Program for Adults with T2DM Among a Small Great Basin Tribe; **C Wilson**, et al., University of Utah, Salt Lake City, UT.

Three minute stretch break

7. To Work in the Community, You Must Be a Part of the Community; **T Lightfield**, University of Minnesota Extension’s Expanded Food and Nutrition Education Program (EFNEP), Eden Prairie, MN.
8. How do Land-Based Activities Help Youth Contribute to Indigenous Food Sovereignty; **K Michnik**, University of Manitoba, Winnipeg, Canada.
10. Growing Resilience, Health, Food Sovereignty and Partnerships in Wind River Indian Reservation; **C Porter**, et al., University of Wyoming, Laramie, WY, University of Wyoming, Riverton, WY, and Blue Mountain Associates, Fort Washakie, WY.
11. Growing Resilience and Leadership on the Wind River Indian Reservation: the Struggles and Victories of Community Leadership Development in a Federally-Funded Research Partnership; **C Harris**, **P Harris**, **D Perez**, et al., Growing Resilience Community Advisory Board Members, Ethete, WY, Fort Washakie, WY, and University of Wyoming Extension on the Wind River Indian Reservation, Kinnear, WY.
13. Grand Foods of the Grand Canyon; a Nutritional Analysis of Traditional Food Plants of the Hualapai Ethnobotany Youth Project; **Carrie Calisay Cannon**, Hualapai Tribe Department of Cultural Resources, Peach Springs AZ.
September 20, Wednesday

7-11 a.m.  Registration

7:15 a.m.  Breakfast

ENVIRONMENT, LAND AND NUTRITION

Moderated by Janie Hipp, JD, LLM (Chickasaw Nation), Director, Indigenous Food & Agriculture Initiative, Law Professor, University of Arkansas

8:30 a.m.  “Effects of Relocation on Food Access and Nutrition”
  •  Devon Mihesuah, PhD, (Choctaw Nation of Oklahoma), Cora Lee Beers Price Teaching Professor in International Cultural Understanding, University of Kansas

9:00 a.m.  “Biodiversity and Nutrition”
  •  Steven Bond-Hikatubbi (Chickasaw Nation), Technical Assistance Specialist, Eastern Oklahoma Region, Intertribal Agriculture Council

9:30 a.m.  “Swinomish First Foods and Community Health as Indicators of Climate Change”
  •  Larry Campbell (Swinomish), Community Health Specialist, Swinomish Indian Tribal Community, La Conner, WA
  •  Jamie Donatuto, PhD, Environmental Community Health Analyst, Swinomish Indian Tribal Community, LaConner, WA

10:00 a.m.  Speaker Panel/Q&A
  •  Tiffany Beckman, Linda Black Elk, Steven Bond-Hikatubbi, Larry Campbell, Jamie Donatuto, and Devon Mihesuah

10:30 a.m.  Elder response, TBD

11:00 a.m.  Elder Panel
  Larry Campbell, Bev Warne, Ernie Whiteman
12:00 p.m.  Closing remarks (*Mindy S. Kurzer, PhD, University of Minnesota*) and closing ceremony

12:30 p.m.  Lunch