

First Annual Conference on Native American Nutrition

AGENDA

#nutrition16

From Knowledge to Practice

Using Both Indigenous Wisdom and Academic Research to Improve Native American Nutrition

SEPTEMBER 25

Welcome gathering (7:00-9:00 p.m.)

5:30-7:30 **Registration** *(Convention space entrance)*

7:00-9:00 **Light appetizers and cash bar** *(Grand Ballroom)*

SEPTEMBER 26

Breakfast (8:00-8:50 a.m.)

7:00-3:00 **Registration** *(Convention space entrance)*

8:00-8:20 **Opening ceremony** *(Grand Ballroom)*

- Emceed by Lori Watso (Shakopee Mdewakanton Sioux Community) Chair, Seeds of Native Health
- Colors presented by Sisseton-Wahpeton Kit Fox Society
- Blessing by Leonard Wabasha (Lower Sioux Community) Shakopee Mdewakanton Sioux Community Cultural Director

8:30-8:50 **Welcome remarks**

- Secretary/Treasurer Freedom Brewer, Shakopee Mdewakanton Sioux Community
- President Eric Kaler, PhD, University of Minnesota

Framing the conference: Context, purpose and outcomes *(Grand Ballroom)*

8:50-9:05 **“Feeding ourselves: Historical and contemporary challenges to healthy nutrition in Indian Country”**

- Crystal Echo Hawk (Pawnee Nation of Oklahoma), President and CEO, Echo Hawk Consulting
- Janie Hipp, JD, LLM (Chickasaw Nation), Director, Indigenous Food and Agriculture Initiative and Law Professor, University of Arkansas
- Moderated by Brenda Child, PhD, Professor and Chair, Department of American Studies, University of Minnesota

9:05-10:15 **GOALS OF THE CONFERENCE**

“Highlighting innovative work in Indian Country”

- Gary Ferguson, ND (Unangan/Aleut), Community Health Services Senior Director, Alaska Native Tribal Health Consortium



First Annual Conference on Native American Nutrition

“Developing partnerships”

- Abigail Echo-Hawk, MA (Pawnee/Athbascan), Co-Director, Partnerships for Native Health, Washington State University

“Translating research into policy and practice”

- Tiffany Beckman, MD, MPH (Leech Lake Band of Ojibwe) Assistant Professor, University of Minnesota Medical School

“Building momentum to improve Native American nutrition”

- Janie Hipp, JD, LLM (Chickasaw Nation), Director, Indigenous Food and Agriculture Initiative, and Law Professor, University of Arkansas

10:15-10:30 Break

Improving Native nutritional health through evidence-based research and practice-based knowledge

10:30-11:00 “Building trust and maintaining relationships between researchers and Native American communities” (Grand Ballroom)

- Abigail Echo-Hawk, MA (Pawnee/Athbascan), Co-Director, Partnerships for Native Health, Washington State University
- Kenneth Smoker Jr., MBA (Assiniboine and Sioux Tribes of the Fort Peck Reservation, Montana), Director, Fort Peck Tribes Health Promotion/Disease Prevention Program
- Introduced by Diane Wilson (Dakota Kiciya), Executive Director, Dream of Wild Health

11:00-11:15 INTRODUCTION TO BREAKOUT SESSIONS

- Mindy S. Kurzer, PhD, Professor and Director, Healthy Foods, Healthy Lives Institute, University of Minnesota, and Chair of the Conference Organizing Committee

Track A: Healthy eating/nutrition education

- Moderated by Sheila Fleischhacker, Senior Public Health and Science Policy Advisor, Office of Nutrition Research, National Institute of Diabetes and Digestive and Kidney Diseases

Track B: Improving Native food systems

- Moderated by Stephen Bond-Hikatubbi (Chickasaw Nation), Technical Assistance Specialist, Eastern Oklahoma Region, Intertribal Agriculture Council

Track C: Social determinants of Native nutritional health

- Moderated by Donald Warne, MD, MPH (Oglala Lakota) Associate Professor and Chair, Department of Public Health, North Dakota State University

AGENDA

#nutrition16

11:15-12:00 SIMULTANEOUS BREAKOUT SESSIONS 1

Track A: Healthy eating/nutrition education *(Little Crow 1 & 2)*

“Eagle Adventure Diabetes Prevention Program”

- Jill Fox, MPH (Chickasaw), Get Fresh! Eagle Adventure Coordinator, Chickasaw Nation Nutrition Services
- Sarah Miracle, MBA, RD, LD, Get Fresh! SNAP-ED Program Manager, Chickasaw Nation Nutrition Services

Track B: Improving Native food systems *(Wabasha 1 & 2)*

“Store Outside Your Door: Indigenous food and health for Alaska Native people”

- Gary Ferguson, ND (Unangan/Aleut), Community Health Services Senior Director, Alaska Native Tribal Health Consortium

Track C: Social determinants of Native nutritional health *(Shakopee)*

“What are social determinants of nutritional health in the context of Indian Country?”

- Olivia Roanhorse, MPH, Director, Native Strong: Healthy Kids, Healthy Futures, the Notah Begay III Foundation
- Donald Warne, MD, MPH (Oglala Lakota) Associate Professor and Chair, Department of Public Health, North Dakota State University

Lunch (12:00-1:00 p.m.) *(Grand Ballroom)*

Keynote plenary

- Faith Spotted Eagle (Yankton Sioux), Braveheart Society, Ihanktonwan Dakota Territory South Dakota
- Introduced by Tiffany Beckman, MD, MPH (Leech Lake Band of Ojibwe), Assistant Professor, University of Minnesota Medical School

1:00-1:50 SIMULTANEOUS BREAKOUT SESSIONS 2

Track A: Healthy eating/nutrition education *(Little Crow 1 & 2)*

“Healthy children, strong families: Family-based healthy lifestyle promotion in Indian Country”

- Alexandra Adams, MD, PhD, Professor and Director, Center for American Indian and Rural Health, Montana State University
- Scott Krueger RD, CD, CDE, Nutritional Services Director, Menominee Indian Tribe of Wisconsin



First Annual Conference on Native American Nutrition

Track B: Improving Native food systems *(Wabasha 1 & 2)*

“A fresh look at what (you think) you know about the Food Distribution Program on Indian Reservations (FDPIR) package”

- Holly Hunts, PhD, Associate Professor, Montana State University

Track C: Social determinants of Native nutritional health *(Shakopee)*

“Stress among Oklahoma Choctaws caring for dependents with Type 1 and Type 2 diabetes”

- J. Neil Henderson, PhD (Choctaw Nation of Oklahoma), Professor and Leader, Medical Discovery Team on Health Equity: Rural Health Access and American Indian Health, University of Minnesota Medical School, Duluth
- Introduced by Tiffany Beckman, MD, MPH (Leech Lake Band of Ojibwe), Assistant Professor, University of Minnesota Medical School

1:50-2:00

Break

2:00-2:50

SIMULTANEOUS BREAKOUT SESSIONS 3

Track A: Healthy eating/nutrition education *(Little Crow 1 & 2)*

“Building healthy community relationships through food security and food sovereignty”

- Treena Delormier, PhD (Mohawk), Assistant Professor, University of Hawaii
- Aianóhon Kaylia Marquis, BA (Mohawk), Food Security Coordinator, Ieiénthos Akotióhkwa Planting Group, Kahnawà:ke

Track B: Improving Native food systems *(Wabasha 1 & 2)*

“Improving the food environment in Native communities”

- Joel Gittelsohn, PhD, Professor, Johns Hopkins University
- Marla Paredilla, MPH, MSW, Research Coordinator, S.W. Field Research Office, Johns Hopkins University

Track C: Social determinants of Native nutritional health *(Shakopee)*

“The ancestral human microbiome: From traditional production and consumption to the impact of modern practices on nutritional health among Amazonian peoples”

- Hortensia Caballero Arias, PhD, Centro de Antropología del Instituto Venezolano de Investigaciones Científicas (IVIC), Caracas, Venezuela
- Maria Gloria Dominguez-Bello, PhD, Associate Professor, New York University School of Medicine

2:50-3:15

Break

AGENDA

#nutrition16

Model programs in Indian Country *(Grand Ballroom)*

- Moderated by Gary Ferguson, ND (Unangan/Aleut), Community Health Services Senior Director, Alaska Native Tribal Health Consortium

3:15-3:40 “Nisqually Community Garden: Approaches to health through relationships with food, the Earth, and each other”

- Janell Blacketer (Nisqually Indian Tribe), Field Technician
- Grace Ann Byrd (Nisqually Indian Tribe), Field Technician
- Caitlin Krenn, Supervisor, Community Garden Program

3:40-4:05 “Good Heart Grocery and Eat Right Deli community assessment and strategic plan”

- Tiffany Beckman, MD, MPH (Leech Lake Band of Ojibwe), Assistant Professor, University of Minnesota Medical School
- Faith Spotted Eagle (Yankton Sioux), Braveheart Society, Ihanktonwan Dakota Territory, South Dakota

4:05-4:30 “Food is Our Medicine: Advancing Native health and culture”

- Ken Parker, CNLP (Seneca Nation), Project Manager, Seneca Nation of Indians and Seneca Diabetes Foundation

4:30-4:55 “Oneida Community Integrated Food System”

- Joanie Buckley (Oneida Nation of Wisconsin), Internal Services Division Director, Oneida Community Integrated Food System

4:55-5:00 Closing

- Mindy S. Kurzer, PhD, Professor and Director, Healthy Foods, Healthy Lives Institute, University of Minnesota, and Chair of the Conference Organizing Committee

5:00-6:00 Break

Reception (6:00-9:30 p.m.)

6:00-7:00 Cocktail hour and poster session *(Dakota Ballroom)*

7:00-9:30 Dinner and traditional dancing *(Grand Ballroom)*

- Emceed by Lori Watso (Shakopee Mdewakanton Sioux Community), Chair, Seeds of Native Health
- Blessing by Andy Vig (Shakopee Mdewakanton Sioux Community)

Keynote: “Feeding the spirit”

- Valerie Segrest, MS (Muckleshoot), Traditional Foods and Medicines Program Manager, Muckleshoot Indian Tribe
- Introduced by Kris Rhodes, MPH (Anishinaabe, Bad River Band of Lake Superior Chippewa and Fond du Lac Reservation), Executive Director, American Indian Cancer Foundation



First Annual Conference on Native American Nutrition

SEPTEMBER 27

Breakfast (7:30 a.m.- 8:30 a.m.) *(Buffet outside Grand Ballroom)*

8:30-8:45 **Recap of Day 1 and introduction to breakout sessions** *(Grand Ballroom)*

- Mindy S. Kurzer, PhD, Professor and Director, Healthy Foods, Healthy Lives Institute, University of Minnesota, and Chair of the Conference Organizing Committee

Moving forward together to improve Native American nutrition

8:45-10:45 **SIMULTANEOUS BREAKOUT SESSIONS**

Track A: Healthy eating/nutrition education *(Little Crow 1 & 2)*

Track B: Improving Native food systems *(Wabasha 1 & 2)*

Track C: Social determinants of Native nutritional health *(Shakopee)*

- Mapping exercise: What innovative/successful work is being done and by whom?
- Where are the knowledge gaps?
- What resources are needed?
- What is the role of land-grant institutions?

10:45-11:00 **Break**

11:00-11:45 **Report back to whole group** *(Dakota Ballroom)*

Lunch (11:45- 12:45 p.m.) *(Grand Ballroom)*

“Indigenous peoples’ food systems: Global awareness and action”

- Harriet Kuhnlein, PhD, Professor Emerita, McGill University, and Founding Director, Centre for Indigenous Peoples’ Nutrition and Environment
- Introduced by Treena Delormier, PhD (Mohawk), Assistant Professor, University of Hawaii

12:45-1:45 **“Navigating grant opportunities to improve Native American nutrition”**

- David Epsey, Grantee Coordinator, Centers for Disease Control and Prevention
- Sheila Fleischhacker, Senior Public Health and Science Policy Advisor, Office of Nutrition Research, National Institutes of Health
- Justin Kii Huenemann (Navajo Nation), President and CEO, Notah Begay III Foundation
- Livia Marqués, President, Food Driven Strategies, LLC
- Moderated by Crystal Echo Hawk (Pawnee Nation of Oklahoma), President and CEO, Echo Hawk Consulting

AGENDA

#nutrition16

1:45-2:45

Next generation: Native American youth presentations

- Moderated by Amber Cardinal, MPH (Mandan, Hidatsa & Arikara Nation and Keweenaw Bay Band of Ojibwa), Project Coordinator, American Indian Cancer Foundation

“Changing Native American nutrition”

- Rachael Cornelius, BS (Oneida Nation of Wisconsin)

“Using a health impact assessment to engage tribal leaders and inform the development of a healthy food retail intervention: The THRIVE study”

- Jordan Hearod, MPH (Choctaw), Doctoral Student in Health Promotion, University of Oklahoma Health Sciences Center

“Health and wellness programming in urban Native American communities: Perspectives of Native Americans with diabetes”

- Jason Champagne, BS (Red Lake Band of Chippewa), MPH Student in Public Health Nutrition, University of Minnesota and Community Wellness Chef, Shakopee Mdewakanton Sioux Community

“Next steps: How to use food medicine for diabetes”

- Brandon K. One Feather, BS, ASBMB (Oglala Lakota)

2:45-3:15

“Building momentum to improve Native American nutrition”

Panel discussion

- Tiffany Beckman, MD, MPH (Leech Lake Band of Ojibwe), Assistant Professor, University of Minnesota Medical School
- Abigail Echo-Hawk, MA (Kitkehahki Band of Pawnee Nation/Upper Athabascan People of Mentasta Village, Alaska), Co-Director, Partnerships for Native Health, Washington State University
- Crystal Echo Hawk (Pawnee Nation of Oklahoma), President and CEO, Echo Hawk Consulting
- Gary Ferguson, ND (Unangan/Aleut), Community Health Services Senior Director, Alaska Native Tribal Health Consortium
- Janie Hipp, JD, LLM (Chickasaw Nation), Director, Indigenous Food and Agriculture Initiative and Law Professor, University of Arkansas
- Lori Watso (Shakopee Mdewakanton Sioux Community), Chair, Seeds of Native Health
- Moderated by Brenda Child, PhD, Professor and Chair, Department of American Studies, University of Minnesota

Closing

3:15-3:30

Closing remarks

- Brian Buhr, Dean, College of Food, Agriculture and Natural Resource Sciences, University of Minnesota
- Lori Watso (Shakopee Mdewakanton Sioux Community), Chair, Seeds of Native Health

