

# First Annual Conference on Native American Nutrition

# AGENDA

#nutrition16

## From Knowledge to Practice

*Using Both Indigenous Wisdom and Academic Research to Improve Native American Nutrition*

### SEPTEMBER 25

#### Welcome gathering (7:00-9:00 p.m.)

5:30-7:30      **Registration**    *(Convention space entrance)*

7:00-9:00      **Light appetizers and cash bar**    *(Grand Ballroom)*

### SEPTEMBER 26

#### Breakfast (8:00-8:50 a.m.)

7:00-3:00      **Registration**    *(Convention space entrance)*

8:00-8:20      **Opening ceremony**    *(Grand Ballroom)*

- Emceed by Lori Watso (Shakopee Mdewakanton Sioux Community) Chair, Seeds of Native Health
- Colors presented by Sisseton-Wahpeton Kit Fox Society
- Blessing by Leonard Wabasha (Lower Sioux Community) Shakopee Mdewakanton Sioux Community Cultural Director

8:30-8:50      **Welcome remarks**

- Secretary/Treasurer Freedom Brewer, Shakopee Mdewakanton Sioux Community
- President Eric Kaler, PhD, University of Minnesota

#### **Framing the conference: Context, purpose and outcomes**    *(Grand Ballroom)*

8:50-9:05      **"Feeding ourselves: Historical and contemporary challenges to healthy nutrition in Indian Country"**

- Crystal Echo Hawk (Pawnee Nation of Oklahoma), President and CEO, Echo Hawk Consulting
- Janie Hipp, JD, LLM (Chickasaw Nation), Director, Indigenous Food and Agriculture Initiative and Law Professor, University of Arkansas
- Moderated by Brenda Child, PhD, Professor and Chair, Department of American Studies, University of Minnesota

9:05-10:15      **GOALS OF THE CONFERENCE**

**"Highlighting innovative work in Indian Country"**

- Gary Ferguson, ND (Unangan/Aleut), Community Health Services Senior Director, Alaska Native Tribal Health Consortium



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## **“Developing partnerships”**

- Abigail Echo-Hawk, MA (Pawnee/Athbascan), Co-Director, Partnerships for Native Health, Washington State University

## **“Translating research into policy and practice”**

- Tiffany Beckman, MD, MPH (Leech Lake Band of Ojibwe) Assistant Professor, University of Minnesota Medical School

## **“Building momentum to improve Native American nutrition”**

- Janie Hipp, JD, LLM (Chickasaw Nation), Director, Indigenous Food and Agriculture Initiative, and Law Professor, University of Arkansas

**10:15-10:30 Break**

## **Improving Native nutritional health through evidence-based research and practice-based knowledge**

### **10:30-11:00 “Building trust and maintaining relationships between researchers and Native American communities” (Grand Ballroom)**

- Abigail Echo-Hawk, MA (Pawnee/Athbascan), Co-Director, Partnerships for Native Health, Washington State University
- Kenneth Smoker Jr., MBA (Assiniboine and Sioux Tribes of the Fort Peck Reservation, Montana), Director, Fort Peck Tribes Health Promotion/Disease Prevention Program
- Introduced by Diane Wilson (Dakota Kiciya), Executive Director, Dream of Wild Health

### **11:00-11:15 INTRODUCTION TO BREAKOUT SESSIONS**

- Mindy S. Kurzer, PhD, Professor and Director, Healthy Foods, Healthy Lives Institute, University of Minnesota, and Chair of the Conference Organizing Committee

#### **Track A: Healthy eating/nutrition education**

- Moderated by Sheila Fleischhacker, Senior Public Health and Science Policy Advisor, Office of Nutrition Research, National Institute of Diabetes and Digestive and Kidney Diseases

#### **Track B: Improving Native food systems**

- Moderated by Stephen Bond-Hikatubbi (Chickasaw Nation), Technical Assistance Specialist, Eastern Oklahoma Region, Intertribal Agriculture Council

#### **Track C: Social determinants of Native nutritional health**

- Moderated by Donald Warne, MD, MPH (Oglala Lakota) Associate Professor and Chair, Department of Public Health, North Dakota State University

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## 11:15-12:00 SIMULTANEOUS BREAKOUT SESSIONS 1

### Track A: Healthy eating/nutrition education *(Little Crow 1 & 2)*

#### “Eagle Adventure Diabetes Prevention Program”

- Jill Fox, MPH (Chickasaw), Get Fresh! Eagle Adventure Coordinator, Chickasaw Nation Nutrition Services
- Sarah Miracle, MBA, RD, LD, Get Fresh! SNAP-ED Program Manager, Chickasaw Nation Nutrition Services

### Track B: Improving Native food systems *(Wabasha 1 & 2)*

#### “Store Outside Your Door: Indigenous food and health for Alaska Native people”

- Gary Ferguson, ND (Unangan/Aleut), Community Health Services Senior Director, Alaska Native Tribal Health Consortium

### Track C: Social determinants of Native nutritional health *(Shakopee)*

#### “What are social determinants of nutritional health in the context of Indian Country?”

- Olivia Roanhorse, MPH, Director, Native Strong: Healthy Kids, Healthy Futures, the Notah Begay III Foundation
- Donald Warne, MD, MPH (Oglala Lakota) Associate Professor and Chair, Department of Public Health, North Dakota State University

## Lunch (12:00-1:00 p.m.) *(Grand Ballroom)*

### Keynote plenary

- Faith Spotted Eagle (Yankton Sioux), Braveheart Society, Ihanktonwan Dakota Territory South Dakota
- Introduced by Tiffany Beckman, MD, MPH (Leech Lake Band of Ojibwe), Assistant Professor, University of Minnesota Medical School

## 1:00-1:50 SIMULTANEOUS BREAKOUT SESSIONS 2

### Track A: Healthy eating/nutrition education *(Little Crow 1 & 2)*

#### “Healthy children, strong families: Family-based healthy lifestyle promotion in Indian Country”

- Alexandra Adams, MD, PhD, Professor and Director, Center for American Indian and Rural Health, Montana State University
- Scott Krueger RD, CD, CDE, Nutritional Services Director, Menominee Indian Tribe of Wisconsin



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## **Track B: Improving Native food systems** *(Wabasha 1 & 2)*

### **“A fresh look at what (you think) you know about the Food Distribution Program on Indian Reservations (FDPIR) package”**

- Holly Hunts, PhD, Associate Professor, Montana State University

## **Track C: Social determinants of Native nutritional health** *(Shakopee)*

### **“Stress among Oklahoma Choctaws caring for dependents with Type 1 and Type 2 diabetes”**

- J. Neil Henderson, PhD (Choctaw Nation of Oklahoma), Professor and Leader, Medical Discovery Team on Health Equity: Rural Health Access and American Indian Health, University of Minnesota Medical School, Duluth
- Introduced by Tiffany Beckman, MD, MPH (Leech Lake Band of Ojibwe), Assistant Professor, University of Minnesota Medical School

**1:50-2:00**

**Break**

**2:00-2:50**

## **SIMULTANEOUS BREAKOUT SESSIONS 3**

### **Track A: Healthy eating/nutrition education** *(Little Crow 1 & 2)*

#### **“Building healthy community relationships through food security and food sovereignty”**

- Treena Delormier, PhD (Mohawk), Assistant Professor, University of Hawaii
- Aianóhon Kaylia Marquis, BA (Mohawk), Food Security Coordinator, Ieiénthos Akotióhkwa Planting Group, Kahnawà:ke

### **Track B: Improving Native food systems** *(Wabasha 1 & 2)*

#### **“Improving the food environment in Native communities”**

- Joel Gittelsohn, PhD, Professor, Johns Hopkins University
- Marla Paredilla, MPH, MSW, Research Coordinator, S.W. Field Research Office, Johns Hopkins University

### **Track C: Social determinants of Native nutritional health** *(Shakopee)*

#### **“The ancestral human microbiome: From traditional production and consumption to the impact of modern practices on nutritional health among Amazonian peoples”**

- Hortensia Caballero Arias, PhD, Centro de Antropología del Instituto Venezolano de Investigaciones Científicas (IVIC), Caracas, Venezuela
- Maria Gloria Dominguez-Bello, PhD, Associate Professor, New York University School of Medicine

**2:50-3:15**

**Break**

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## Model programs in Indian Country *(Grand Ballroom)*

- Moderated by Gary Ferguson, ND (Unangan/Aleut), Community Health Services Senior Director, Alaska Native Tribal Health Consortium

### **3:15-3:40** “Nisqually Community Garden: Approaches to health through relationships with food, the Earth, and each other”

- Janell Blacketer (Nisqually Indian Tribe), Field Technician
- Grace Ann Byrd (Nisqually Indian Tribe), Field Technician
- Caitlin Krenn, Supervisor, Community Garden Program

### **3:40-4:05** “Good Heart Grocery and Eat Right Deli community assessment and strategic plan”

- Tiffany Beckman, MD, MPH (Leech Lake Band of Ojibwe), Assistant Professor, University of Minnesota Medical School
- Faith Spotted Eagle (Yankton Sioux), Braveheart Society, Ihanktonwan Dakota Territory, South Dakota

### **4:05-4:30** “Food is Our Medicine: Advancing Native health and culture”

- Ken Parker, CNLP (Seneca Nation), Project Manager, Seneca Nation of Indians and Seneca Diabetes Foundation

### **4:30-4:55** “Oneida Community Integrated Food System”

- Joanie Buckley (Oneida Nation of Wisconsin), Internal Services Division Director, Oneida Community Integrated Food System

### **4:55-5:00** Closing

- Mindy S. Kurzer, PhD, Professor and Director, Healthy Foods, Healthy Lives Institute, University of Minnesota, and Chair of the Conference Organizing Committee

### **5:00-6:00** Break

## Reception (6:00-9:30 p.m.)

### **6:00-7:00** Cocktail hour and poster session *(Dakota Ballroom)*

### **7:00-9:30** Dinner and traditional dancing *(Grand Ballroom)*

- Emceed by Lori Watso (Shakopee Mdewakanton Sioux Community), Chair, Seeds of Native Health
- Blessing by Andy Vig (Shakopee Mdewakanton Sioux Community)

### **Keynote: “Feeding the spirit”**

- Valerie Segrest, MS (Muckleshoot), Traditional Foods and Medicines Program Manager, Muckleshoot Indian Tribe
- Introduced by Kris Rhodes, MPH (Anishinaabe, Bad River Band of Lake Superior Chippewa and Fond du Lac Reservation), Executive Director, American Indian Cancer Foundation



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## SEPTEMBER 27

**Breakfast (7:30 a.m.- 8:30 a.m.)** *(Buffet outside Grand Ballroom)*

**8:30-8:45**      **Recap of Day 1 and introduction to breakout sessions** *(Grand Ballroom)*

- Mindy S. Kurzer, PhD, Professor and Director, Healthy Foods, Healthy Lives Institute, University of Minnesota, and Chair of the Conference Organizing Committee

## Moving forward together to improve Native American nutrition

**8:45-10:45**      **SIMULTANEOUS BREAKOUT SESSIONS**

**Track A: Healthy eating/nutrition education** *(Little Crow 1 & 2)*

**Track B: Improving Native food systems** *(Wabasha 1 & 2)*

**Track C: Social determinants of Native nutritional health** *(Shakopee)*

- Mapping exercise: What innovative/successful work is being done and by whom?
- Where are the knowledge gaps?
- What resources are needed?
- What is the role of land-grant institutions?

**10:45-11:00**      **Break**

**11:00-11:45**      **Report back to whole group** *(Dakota Ballroom)*

**Lunch (11:45- 12:45 p.m.)** *(Grand Ballroom)*

**“Indigenous peoples’ food systems: Global awareness and action”**

- Harriet Kuhnlein, PhD, Professor Emerita, McGill University, and Founding Director, Centre for Indigenous Peoples’ Nutrition and Environment
- Introduced by Treena Delormier, PhD (Mohawk), Assistant Professor, University of Hawaii

**12:45-1:45**      **“Navigating grant opportunities to improve Native American nutrition”**

- David Epsey, Grantee Coordinator, Centers for Disease Control and Prevention
- Sheila Fleischhacker, Senior Public Health and Science Policy Advisor, Office of Nutrition Research, National Institutes of Health
- Justin Kii Huenemann (Navajo Nation), President and CEO, Notah Begay III Foundation
- Livia Marqués, President, Food Driven Strategies, LLC
- Moderated by Crystal Echo Hawk (Pawnee Nation of Oklahoma), President and CEO, Echo Hawk Consulting

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1:45-2:45

## Next generation: Native American youth presentations

- Moderated by Amber Cardinal, MPH (Mandan, Hidatsa & Arikara Nation and Keweenaw Bay Band of Ojibwa), Project Coordinator, American Indian Cancer Foundation

### “Changing Native American nutrition”

- Rachael Cornelius, BS (Oneida Nation of Wisconsin)

### “Using a health impact assessment to engage tribal leaders and inform the development of a healthy food retail intervention: The THRIVE study”

- Jordan Hearod, MPH (Choctaw), Doctoral Student in Health Promotion, University of Oklahoma Health Sciences Center

### “Health and wellness programming in urban Native American communities: Perspectives of Native Americans with diabetes”

- Jason Champagne, BS (Red Lake Band of Chippewa), MPH Student in Public Health Nutrition, University of Minnesota and Community Wellness Chef, Shakopee Mdewakanton Sioux Community

### “Next steps: How to use food medicine for diabetes”

- Brandon K. One Feather, BS, ASBMB (Oglala Lakota)

2:45-3:15

## “Building momentum to improve Native American nutrition”

### Panel discussion

- Tiffany Beckman, MD, MPH (Leech Lake Band of Ojibwe), Assistant Professor, University of Minnesota Medical School
- Abigail Echo-Hawk, MA (Kitkehahki Band of Pawnee Nation/Upper Athabascan People of Mentasta Village, Alaska), Co-Director, Partnerships for Native Health, Washington State University
- Crystal Echo Hawk (Pawnee Nation of Oklahoma), President and CEO, Echo Hawk Consulting
- Gary Ferguson, ND (Unangan/Aleut), Community Health Services Senior Director, Alaska Native Tribal Health Consortium
- Janie Hipp, JD, LLM (Chickasaw Nation), Director, Indigenous Food and Agriculture Initiative and Law Professor, University of Arkansas
- Lori Watso (Shakopee Mdewakanton Sioux Community), Chair, Seeds of Native Health
- Moderated by Brenda Child, PhD, Professor and Chair, Department of American Studies, University of Minnesota

## Closing

3:15-3:30

## Closing remarks

- Brian Buhr, Dean, College of Food, Agriculture and Natural Resource Sciences, University of Minnesota
- Lori Watso (Shakopee Mdewakanton Sioux Community), Chair, Seeds of Native Health

