First Annual Conference on Native American Nutrition

From Knowledge to Practice
Using Both Indigenous Wisdom and Academic Research to Improve Native American Nutrition

Preliminary Agenda

September 26-27, 2016 • Mystic Lake Casino Hotel

SEPTEMBER 25

Welcome gathering (7:00-9:00 p.m.)
5:30-7:30 Registration
7:00-9:00 Light appetizers and cash bar

SEPTEMBER 26

Breakfast (8:00-8:50 a.m.)
7:00-3:00 Registration
8:00-8:20 Opening ceremony
8:30-8:50 Welcome remarks
  • Chairman Charlie Vig, Shakopee Mdewakanton Sioux Community
  • Eric Kaler, President, University of Minnesota

Framing the conference: Context, purpose and outcomes
8:50-9:05 “Feeding ourselves: Historical and contemporary challenges to healthy nutrition in Indian Country”
  • Crystal Echo Hawk (Pawnee Nation of Oklahoma), President and CEO, Echo Hawk Consulting
  • Janie Hipp, JD, LLM (Chickasaw Nation), Director, Indigenous Food and Agriculture Initiative, and Law Professor, University of Arkansas

9:05-10:15 Goals of the conference
“Highlighting innovative work in Indian Country”
  • Gary Ferguson, ND (Unangan/Aleut), Community Health Services Senior Director, Alaska Native Tribal Health Consortium

SeedsOfNativeHealth.org/Conference
Co-sponsored by the Shakopee Mdewakanton Sioux Community and the University of Minnesota’s Healthy Foods, Healthy Lives Institute
First Annual Conference on Native American Nutrition

AGENDA

“Developing partnerships”
- Abigail Echo-Hawk, MA (Pawnee/Athbascan), Co-Director, Partnerships for Native Health, Washington State University

“Translating research into policy and practice”
- Tiffany Beckman, MD, MPH (Leech Lake Band of Ojibwe), Assistant Professor, University of Minnesota Medical School Duluth

“Building momentum to improve Native American nutrition”
- Janie Hipp, JD, LLM (Chickasaw Nation), Director, Indigenous Food and Agriculture Initiative, and Law Professor, University of Arkansas

10:15-10:30 Break

Improving Native nutritional health through evidence-based research and practice-based knowledge

10:30-11:00 “Building trust and maintaining relationships between researchers and Native American communities”
- Abigail Echo-Hawk, MA (Pawnee/Athbascan), Co-Director, Partnerships for Native Health, Washington State University
- Kenneth Smoker Jr., MBA (Assiniboine and Sioux Tribes of the Fort Peck Reservation, Montana), Director, Fort Peck Tribes Health Promotion/Disease Prevention Program

11:00-11:15 Introduction to breakout sessions
- Mindy S. Kurzer, PhD, Professor and Director, Healthy Foods, Healthy Lives Institute, University of Minnesota, and Chair of the Conference Organizing Committee

Track A: Healthy eating/nutrition education
- Moderated by Sheila Fleischhacker, Senior Public Health and Science Policy Advisor, Office of Nutrition Research, National Institute of Diabetes and Digestive and Kidney Diseases

Track B: Improving Native food systems
- Moderated by Stephen Bond-Hikatubbi (Chickasaw Nation), Technical Assistance Specialist, Eastern Oklahoma Region, Intertribal Agriculture Council

Track C: Social determinants of Native nutritional health
- Moderated by Donald Warne, MD, MPH (Oglala Lakota) Associate Professor and Chair, Department of Public Health North Dakota State University

11:15-12:00 Simultaneous breakout sessions 1

Track A: Healthy eating/nutrition education
“Eagle Adventure Diabetes Prevention Program”
- Jill Fox, MPH (Chickasaw), Get Fresh! Eagle Adventure Coordinator, Chickasaw Nation Nutrition Services
- Sarah Miracle, MBA, RD, LD, Get Fresh! SNAP-ED Program Manager, Chickasaw Nation Nutrition Services

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Services

Track B: Improving Native food systems

“Store outside your door: Indigenous food and health for Alaska Native people”
• Gary Ferguson, ND (Unangan/Aleut), Community Health Services Senior Director, Alaska Native Tribal Health Consortium

Track C: Social determinants of Native nutritional health

“What are social determinants of nutritional health in the context of Indian Country?”
• Olivia Roanhorse, MPH, Director, Native Strong: Healthy Kids, Healthy Futures, the Notah Begay III Foundation
• Donald Warne, MD, MPH (Oglala Lakota) Associate Professor and Chair, Department of Public Health, North Dakota State University

Lunch (12:00-1:00 p.m.)

TBD
• Faith Spotted Eagle (Yankton Sioux), Braveheart Society, Ihanktonwan Dakota Territory South Dakota
• Introduced by Tiffany Beckman, MD, MPH (Leech Lake Band of Ojibwe), Assistant Professor, University of Minnesota Medical School Duluth

1:00-1:50 Simultaneous breakout sessions 2

Track A: Healthy eating/nutrition education

“Healthy children, strong families: Family-based healthy lifestyle promotion in Indian Country”
• Alexandra Adams, MD, PhD, Professor and Director, Center for American Indian and Rural Health Equity, Montana State University

Track B: Improving Native food systems

“A fresh look at what (you think) you know about the Food Distribution Program on Indian Reservations (FDPIR) Package”
• Holly Hunts, PhD, Associate Professor, Montana State University

Track C: Social determinants of Native nutritional health

“Stress among Oklahoma Choctaws caring for dependents with Type 1 and Type 2 diabetes”
• J. Neil Henderson, PhD (Choctaw Nation of Oklahoma), Professor and Leader, Medical Discovery Team on Health Equity: Rural Health Access and American Indian Health, University of Minnesota Medical School, Duluth
• Introduced by Tiffany Beckman, MD, MPH (Leech Lake Band of Ojibwe), Assistant Professor, University of Minnesota Medical School Duluth

1:50-2:00 Break
2:00-2:50 Simultaneous breakout sessions 3

Track A: Healthy eating/nutrition education
“Building healthy community relationships through food security and food sovereignty”
• Treena Delormier, PhD (Mohawk), Assistant Professor, University of Hawaii
• Aianóhon Kaylia Marquis, BA (Mohawk), Food Security Coordinator, Ieiéthos Akotiôhkwa Planting Group, Kahnawà:ké

Track B: Improving Native food systems
“Improving the food environment in Native communities”
• Joel Gittelsohn, PhD, Professor, Johns Hopkins University
• Marla Pardilla, MPH, MSW, Research Coordinator, S.W. Field Research Office, Johns Hopkins University

Track C: Social determinants of Native nutritional health
“The ancestral human microbiome: From traditional production and consumption to the impact of modern practices on nutritional health among Amazonian peoples”
• Hortensia Caballero Arias, PhD, Centro de Antropología del Instituto Venezolano de Investigaciones Científicas (IVIC), Caracas, Venezuela
• Maria Gloria Domínguez-Bello, PhD, Associate Professor, New York University School of Medicine

2:50-3:15 Break

Model programs in Indian Country
Moderated by Gary Ferguson, ND (Unangan/Aleut), Community Health Services Senior Director, Alaska Native Tribal Health Consortium

3:15-3:40 “Nisqually Community Garden: Approaches to health through relationships with food, the Earth, and each other”
• Janell Blacketer (Nisqually Indian Tribe), Field Technician
• Grace Ann Byrd (Nisqually Indian Tribe), Field Technician
• Caitlin Krenn, Supervisor, Community Garden Program

3:40-4:05 “Good Heart Grocery and Eat Right Deli community assessment and strategic plan”
• Tiffany Beckman, MD, MPH (Leech Lake Band of Ojibwe), Assistant Professor, University of Minnesota
• Faith Spotted Eagle (Yankton Sioux), Braveheart Society, Ihanktonwan Dakota Territory, South Dakota

4:05-4:30 “Food is our medicine: Advancing Native health and culture”
• Ken Parker, CNLP (Seneca Nation), Project Manager, Seneca Nation of Indians and Seneca Diabetes Foundation

4:30-4:55 “Oneida Community Integrated Food System”
• Joanie Buckley (Oneida Nation of Wisconsin), Internal Services Division Director, Oneida Community Integrated Food System

4:55-5:00 Closing
5:00-6:00 Break
Reception (6-9:30 p.m.)

6:00-7:00  Cocktail hour and poster session
7:00-9:30  Dinner

Keynote: “Feeding the spirit”
- Valerie Segrest, MS (Muckleshoot), Traditional Foods and Medicines Program Manager, Muckleshoot Indian Tribe
- Introduced by Kris Rhodes, MPH (Anishinaabe, Bad River Band of Lake Superior Chippewa and Fond du Lac Reservation), Executive Director, American Indian Cancer Foundation

SEPTEMBER 27

Breakfast (7:30 a.m.-8:30 a.m.)

8:30-8:45 Recap of Day 1 and introduction to breakout sessions

Moving forward together to improve Native American nutrition

8:45-10:45  Simultaneous breakout sessions
- Track A: Healthy eating/nutrition education
- Track B: Improving Native food systems
- Track C: Social determinants of Native nutritional health

8:45-9:45  Mapping exercise: What innovative/successful work is being done and by whom?
9:45-10:15 What are the knowledge gaps?
10:15-10:30 What resources are needed?
10:30-10:45 What is the role of land-grant institutions?

10:45-11:00 Break
11:00-11:45 Report back to whole group

Lunch (11:45-12:45 p.m.)

“Indigenous peoples’ food systems: Global awareness and action”
- Harriet Kuhnlein, PhD, Professor Emerita, McGill University, and Founding Director, Centre for Indigenous Peoples’ Nutrition and Environment
- Introduced by Treena Delormier, PhD (Mohawk), Assistant Professor, University of Hawaii

12:45-1:45 “Navigating grant opportunities to improve Native American nutrition”
- David Epsey, Grantee Coordinator, Centers for Disease Control
- Sheila Fleischhacker, Senior Public Health and Science Policy Advisor, Office of Nutrition Research, National Institutes of Health
- Justin Kii Huenemann (Navajo Nation), President and CEO, Notah Begay III Foundation
- Livia Marqués, President, Food Driven Strategies, LLC
- Moderated by Crystal Echo Hawk (Pawnee Nation of Oklahoma), President and CEO, Echo Hawk Consulting
1:45-2:45  Next generation: Native American youth presentations

- Moderated by Jason Champagne (Red Lake Band of Chippewa), MPH Student in Public Health Nutrition, University of Minnesota and Community Wellness Chef, Shakopee Mdewakanton Sioux Community

**“Changing Native American nutrition”**

- Rachael Cornelius, BS (Oneida Nation of Wisconsin)

**“Using a health impact assessment to engage tribal leaders and inform the development of a healthy food retail intervention: The THRIVE study”**

- Jordan Hearod, MPH (Choctaw), Doctoral Student in Health Promotion, University of Oklahoma Health Sciences Center

**“Health and wellness programming in urban Native American communities: Perspectives of Native Americans with diabetes”**

- Jason Champagne (Red Lake Band of Chippewa), MPH Student in Public Health Nutrition, University of Minnesota and Community Wellness Chef, Shakopee Mdewakanton Sioux Community

**“Next steps: How to use food medicine for diabetes”**

- Brandon K. One Feather (Oglala Lakota)

2:45-3:15  “Building momentum to improve Native American nutrition”

Panel discussion

- Tiffany Beckman, MD, MPH (Leech Lake Band of Ojibwe), Assistant Professor, University of Minnesota
- Abigail Echo-Hawk, MA (Kitkehahki Band of Pawnee Nation/Upper Athabascan People of Mentasta Village, Alaska), Co-Director, Partnerships for Native Health, Washington State University
- Crystal Echo Hawk (Pawnee Nation of Oklahoma), President and CEO, Echo Hawk Consulting
- Gary Ferguson, ND (Unangan/Aleut), Community Health Services Senior Director, Alaska Native Tribal Health Consortium
- Janie Hipp, JD, LLM (Chickasaw Nation), Director, Indigenous Food and Agriculture Initiative and Law Professor, University of Arkansas
- Lori Watso (Shakopee Mdewakanton Sioux Community), Chair, Seeds of Native Health

Closing remarks (3:15-3:30 p.m.)